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## **Sohiwins** recount

Liberal takes riding by just 92 votes to become MP



Ryan Tumilty Metro | Edmonton

A judicial recount has confirmed outgoing city councillor Amarjeet Sohi won the Edmonton Mill Woods riding in the federal election.

Sohi finished election night with an 80-vote margin over Conservative Tim Uppal, which shrunk to 79 votes during a second check.

But the recount, completed Thursday, actually expanded Sohi's lead to 92 votes.

"I'd like to start by thanking the people of Edmonton Mill Woods for once again putting their trust in me," Sohi said.

"I am humbled by the results of this election and look forward to being a strong voice in Ottawa for the people of Edmonton Mill Woods and all Edmontonians."

Sohi's final result: 20,423 votes, with Uppal garnering 20,331. NDP candidate Jasvir Deol was a distant third with 6,330 votes.

Jonathan Denis, who represented Uppal, said Sohi is clearly now the winner.

"We issue him a congratulations and wish him the best of luck as an MP," he said.

Denis said that with the narrow election win and some of the issues that came up on voting day, it was important to double check to make sure voters got the choice they wanted.

We do think this process was necessary, and so did the court."

The city is set to discuss Sohi's replacement at the next council meeting.



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# METANIEWS

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Stephen Harper's cats packing up to move out of 24 Sussex Drive. Canada

ECICI ATLIDE

# Parties spar over hours



Ryan Tumilty Metro|Edmonton

Members of the legislature debating after dark could soon be a thing of the past as the NDP is moving to limit latenight sittings.

Government house leader Brian Mason is proposing new rules that would see the legislature begin sitting at 9 a.m. several days a week, so it doesn't have to sit late into the night.

"We have a young caucus, many with young families, and we want to make sure the legislature functions in a way that accommodates people who have family responsibilities," said Mason.

While the government would still reserve the right to sit into the evening, Mason said the goal would be to limit it.

Wildrose MLA Nathan Cooper said he supports morning sittings, but worries the NDP isn't being transparent about its rule changes.

"The government will now have significantly more time in the house to pass legislation even quicker than the previous government," he said. "It's the exact same thing that they used to rail about in opposition."

Cooper said by extending into the morning and leaving open the possibility of night sittings the NDP could pass a bill in just three days.

But Mason said the Wildrose is stalling because they don't want to work early.

# Once homeless, student finds belonging at U of A

**EDUCATION** 

#### Man who spent 7 years on the streets studies for a degree



Andrea Ross Metro | Edmonton

Colin Mulholland isn't your average undergraduate student — and not just because he's twice the age of his peers.

The 48-year-old first became homeless 10 years ago, when his marriage dissolved and his wife kicked him out of their house. Without her knowing, he crept into their backyard shed and slept there for a few days, huddled amongst their camping gear in the chilly early winter.

Fighting alcoholism, sugar addiction and chronic depression, those nights shivering to sleep in his own shed was his initiation into seven years on the streets.

"I was screwing people over with my addiction," Mulholland said. "I got really angry and just gave up.

"As soon as I hit the streets, it was like 'What are my options here? Nobody's going to want me."

Mulholland eventually got help from homeless shelters and other agencies in Edmonton, and graduated from a two-



Colin Mulholland shares his pride in his five years of sobriety Thursday in downtown Edmonton. kevin TUONG/FOR METRO

year social-work diploma from NorQuest College in 2014.

He didn't stop there — Mulholland is now in his second year at the University of Alberta, working toward a Bachelor of Arts in Native Studies.

Jared Tkachuk first met Mulholland in 2007 when he worked at the Hope Mission's Herb Jamieson Centre.

Now an outreach worker with the Edmonton Public Li-

This is where I belong now.
Colin Mulholland

brary, Tkachuk said Mulholland's journey away from the street wasn't easy, but offers hope for those struggling to get on their own feet. "Colin had dark times, and it's so common amongst marginalized people to be hopeless," Tkachuk said. "I know he's going to put (his degree) to good use to help people who are living the life he used to be living."

Mulholland recently celebrated five years of sobriety. When he graduates in 2018, he said he wants to give back to the community through social

work and drama.

Being a mature student has its challenges, he said, but none quite like the uncertainty of living on the street.

"I've realized that ... there's a life experience that I'm bringing into the classroom that I'm coming to understand my classmates don't have," he said. "Native studies has really changed my world view.

"This is where I belong now."



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# Making time for music

CULTURE

**MLA** wants to move last call to 3 a.m. for music venues



An Edmonton MLA is hoping later hours can help the city's live-music venues keep rocking the beat.

Edmonton Centre MLA David Shepherd introduced a motion into the legislature Wednesday that, if passed, would encourage the AGLC to move last call back to 3 a.m. for any bar that has live music.

Shepherd said he wants to boost the city's already strong music scene.

"We have a rich crop of musicians already happening in the city, and from that we have got what is a fairly dynamic music

Shepherd said he's talked about his idea with Sen. Tommy Banks, a former Edmonton



If the proposed motion is passed, the AGLC would be asked to consider allowing bars to stay open if they have live music. KEVIN TUONG/FOR METRO

musician, who told him similar rules were in place in the

Shepherd said having a

strong music scene is an economic boon and a tourism draw and there is no reason not to

"We have a real opportunity to capitalize on that resource. You have towns like Austin that are known for being music cit-



#### We have got what is a fairly dynamic music scene.

MLA David Shepherd

ies, and Edmonton very much could be too," he said.

Denton Morrell, general manager of Blues On Whyte, said he would appreciate the extra hour because it costs a lot to bring in live music.

"My entertainment cost is staggering compared to a bar that runs a DJ," he said.

On Whyte in particular, he said, it would be great because not all of the bars would be closing at the same time, lowering the demand for taxis and transit.

'You have 20 bars on the avenue," he said. "If five do live music, then you would have 15 leave at one time and five leave at a different time.

The proposed new rules would come too late for at least one local spot, as the Wunderbar on Whyte Avenue announced it would be closing its doors this weekend



#### **Edmonton test driving** snowplows with GPS

Technology is at the heart of two pilot projects the city is rolling out on snowplows

Traffic operations spokeswoman Laura McNabb said the city will publish and update a map three times a day, showing streets that have been plowed.

"People will be able to check at 3 p.m., 6 a.m. and midnight to see the status of major roads," she said, adding that the city will look for feedback as to how valuable residents find that data.

"It can help (commuters) plan the most safe and efficient route for where they need to go," she said.

Additionally, 10 blading trucks will be equipped with two different kinds of GPS to compare the technologies, with the hopes of having "all equipment on GPS" in the future.

"If you have an emerging issue you could send the closest trucks, that sort of thing ... just to make sure we are doing things as efficiently as possible. BRAEDEN JONES/METRO





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#### PIPELINE

#### **Notley and Gallant** talk Energy East

Premier Rachel Notley and her New Brunswick counterpart Brian Gallant say they're hoping for a renewed push to get the Energy East pipeline built under incoming prime minister Justin Trudeau.

But both agreed specific steps to reduce climate change must work alongside the proposed \$12-billion TransCanada line.

Gallant said the record of outgoing Prime Minister Stephen Harper is testament to why fixing climate change is not only good policy but also good busi-

"Under the Harper gov-ernment, no pipelines for oil were built," Gallant, standing beside Notley, told reporters Thursday at a legislature news confer-

"I believe that one of the reasons for that is because the international community and even Canadians did not feel like the Harper government was doing enough when it came to protecting the environment and combating climate change.

'I'm very hopeful that with the Trudeau govern-ment that we're going to be able to build that brand internationally and gain the trust of Canadians that we can develop our natural resources and energy projects in a responsible and a sustainable way."

The Energy East line would take oil from Alberta and Saskatchewan across the country to refineries and ports in the East, including New Bruns-

Notley agreed that Alberta and New Brunswick are the "bookends" on the project

THE CANADIAN PRESS



Craig Walbaum stands before a train crossing in Edmonton. BRAEDEN JONES/METRO

# City examines 'whistle cessation'

#### **TRAINS**

#### **Community** craves peace and quiet



Braeden **Jones** Metro | Edmonton

When a train whistle pierces an otherwise quiet night for the fifth time, Chris Cebula thinks it's getting "a little crazy."

Cebula and the Cumberland and Oxford Community League wrote city councillors last winter requesting a "whistle cessation" on the tracks cutting through the northwest community.

But it will take a lot of time and money for their wish to be granted.

Administration has studied all rail crossings in Edmonton that still need trains to whistle, the findings of which director of traffic operations Craig Walbaum to council Wednesday.

Walbaum ranked the top 15 crossings that need whistles within two kilometres of dense residential areas.

"It came down to how close those crossing points were to how many houses," Walbaum



#### **Transport Canada** has really specific guidelines for this.

Coun. Bev Esslinger

He also identified what safety controls each have - whether it's signs, lights, bells, gates or all four.

With that information, council has asked Walbaum to conduct safety reviews on each crossing, which is necessary for rail companies to comply with requests to stop sounding whistles.

But there's a big cost and time commitment for that: approximately \$250,000 and six months of work.

Walbaum said he's hoping to review the crossings "within the existing budget."

But on the crossings without all four safety mechanisms required, the city will need to find money for upgrades that haven't been budgeted for.

Doing so for all 15 crossings could cost between \$1.5 and \$2.5 million, according to estimates from CN Rail, and would take even more time to complete.

**DETOX CENTRES** 

## \$13M cash cut worries **PC MLA**

A Progressive Conservative MLA is questioning what the NDP will do with the \$13 million it cut from its capital plan for addictions and detox centres.

In question period Wednes-day, PC MLA Sandra Jansen said she was shocked to see the funding removal, given the 145 fentanyl deaths the province has seen this year.

Infrastructure Minister Brian Mason told reporters Thursday the government removed the \$13 million from that portion of the capital plan because the previous government didn't allocate those funds to specific capital projects geared towards detox centres.

He said the government is moving forward with the PC's planned projects.

"We're not cancelling of backing off with any detox (capital spending)," he said. "We are, however, going to build the ones that were previously approved and take a look at future needs.'

The \$13 million went into a pot of \$4.4 billion, which contains funds that have yet to be allocated towards capital projects, Mason said, adding the government will make decisions regarding capital spending in the coming months, including detox centres.

Jansen said she hopes the government plans to further fund detox centres.

"If there's a plan, great," she said. "There's so many programs getting a bump in spending that I'm hoping this isn't an opportunity to shave money (for detox centres).' JEREMY SIMES/FOR METRO

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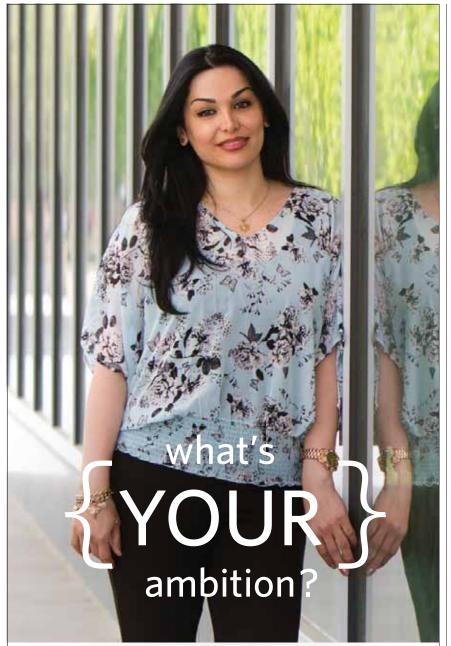
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Evangeline, in its third run, has been redesigned, refined and recast under the direction of Citadel artistic director Bob Baker, CONTRIBUTED

## Theatre shedding elite image at 50

#### New works meant to breath new life into the seats

Lucy Haines For Metro | Edmonton

Along with its flashy new entrance and marquee, Citadel Theatre is hoping what's on its stage can attract new audiences as the building turns 50.

"Theatre has been seen as elite for many generations, so we have to become bold and offer something people haven't seen before," said Citadel artistic director Bob

Right on cue, enter Evan-

geline, a lavish, epic musical about the Acadian expulsion from Atlantic Canada in 1755.

Written by Edmonton's own Ted Dykstra, an actor, composer, musician and director, Evangeline is laden with a 36-member cast and 14-piece orchestra.

It's nothing if not new and

"Ted is an Edmonton guy, and Evangeline wasn't a hard sell — the little-known history and amazing music wrapped in a love story — I said yes to it right away," Baker said.

'It's part of our mandate to develop new work, and we seldom get a crack at a big new musical.

We always try to balance a season — do The Sound of Music or A Christmas Carol to afford new, possibly risky works."

The redesigned set (more intimate) and refined show (grittier and darker) delights Dykstra, who handed the piece to Baker after a world premiere at the 2013 Charlottetown Festival.

"I'm lucky Bob agreed. It takes a lot of balls to take on an original Canadian musical, and I'm dead pleased with how it turned out," he said.

Now calling Toronto home, with nearly 40 years in the business, Dykstra said seeing a 12-year labour of love get to this point is rare.

"If it all ended now, I'd still be amazed that we could take Evangeline to this level. But I feel like it's a perfect storm it's the right time for a show like this to succeed somewhere like Edmonton, and at someplace like the Citadel.

"I hope audiences agree."



#### IN BRIEF

#### Alberta man dies during B.C. fishing trip

A 31-year-old man from Cold Lake has been identified as the person who drowned when a boat overturned near Campbell River, on the east coast of Vancouver Island.

The BC Coroners Service says Christopher Allan was with three others returning to the city from a fishing trip on Saturday when their boat capsized, throwing all four into the

The coroners' service is investigating. THE CANADIAN PRESS

### **Accused killer needs** further mental exam

A man accused of killing a twoyear-old Alberta girl and her father requires further psychiatric assessment before it is determined if he is fit to stand trial.

Derek Saretzky, who is 22, is charged with first-degree murder in the deaths of Hailey Dunbar-Blanchette and Terry

He appeared via closed-circuit television in a Lethbridge courtroom Thursday.

Court was told the 30-day mental review he has been undergoing is not sufficient and another month is needed.

Saretzky was charged in the two deaths in the Crowsnest Pass area of southwestern Alberta last month after Blanchette's body was found in his Blairmore home.

Hailey was discovered a day later in a rural area after an Amber Alert that stretched across Western Canada and into the United States.

Saretzky faces a separate charge of committing an indignity to the little girl's body. THE CANADIAN PRESS















Six-year-old Mable Tooke, widely known as Spider-Mable, is responding well to her daily chemotherapy treatment and international recognition — despite encountering a few hobbles along the way. KEVIN TUONG/FOR METRO

## Brave icon energized

frustrated when

there's something

she wants to do ...

able to.

Lisa Tooke

HALLOWEEN

#### Chance to live dream helping Spider-Mable in cancer fight



Querengesser Metro | Edmonton

The city bus stopped and off walked dozens of municipal employees.

Little did they know, a superhero was also on board.

Sitting at the back clutching the seat in front of her and peering through the window was six-year-old Mable Tooke, wearing the Spider-Mable costume that's melted hearts on several continents.

And inside the nearby transit station, the scene was set: Two children were lost, standing beside a help-phone, and Spider-Mable — who hobbled a bit as she walked — got to them and asked if they needed help.

She then pressed the ĥelp button.

This is Spider-Mable. I'm here with two kids who are lost," she said. "Can you help?"

"Yes, Spider-Mable!" said the voice on the line, add-

ing help was on its way. 'Thank you!" said Mable.

Cameras clicked, several people said "Awww," and police, fire and other emergency

personnel arrived.

At the back of the media event, created by the city to talk about Halloween safety for kids, was Lisa Tooke, Mable's mom. Allowing Mable to be a super-

hero as part of The Children's Wish Foundation has given her daughter She gets so

and herself a way to endure, she said. "It is a very that she's not quite

nice change, I have to admit that, having something to look forward to, rather than

another clinic date."

Mable goes to school, but

sometimes runs out of energy as the week goes on. She's unable to eat for hours after taking her

#### **WEATHER**

#### Halloween will be cold, but free from snowflakes

Saturday's forecast is a high of 8 degrees with a mix of sun and cloud. Temperatures will dip to 2 degrees on Halloween night with cloudy periods, according to Environment Canada. METRO

daily chemotherapy medication and the powerful medicine has severe side effects.

Mable is now in her third phase of chemo, fighting acute lymphoblastic leukemia, which affects her white blood cells.

Her last day of treatment is November 20, one day after she turns seven.

## A zombie apocalypse? We could handle it

Fear not the zombie apocalypse – we'd get through it just fine, a MacEwan University psychology professor says.

"I think there's reason to be optimistic," Rodney Schmaltz said. "We're able to handle other viral outbreaks fairly well."

Schmaltz gives a Halloweenthemed talk at the university every year with the goal of getting people interested in psych-

He's talked about the psychology of aliens and ghosts before, but settled on zombies this year because of their pop culture re-

But could they ever be real? Schmaltz said that's fairly un-

"Ĭ think people could probably get through a zombie outbreak, anyway," he said. METRO STAFF





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## City set for spooktacular tin

HALLOWEEN

#### **Deadmonton House visitors** not regretting the experience



#### ALL WEEKEND:

The old Paramount Theatre at 10233 Jasper Ave. is transformed into the elaborate theatre-sized haunted house, Deadmonton House. Reviews of Deadmonton from friends have been universally glowing. With Halloween so near, things are busy, but it looks like they're having three special events in November as well.

The Relish Food on Film Festival, a film festival about food culture, plays within the Metro Cinema at 8712 109 St. from the 29th through Nov. 7.

#### FRIDAY:

Beginning at 7 p.m., The Art Gallery of Alberta is host to the Charrette Roulette: Language Book Launch, launching publications by Edmonton edition artists Blair Brennan, Brenda Draney, Sara French, Nickelas Johnson and Matt Prins.

Continuing in the downtown, visit the Theatre Club at the Citadel after 7:30 p.m. for Capital City Burlesque's Happy Halloweener show. Their Halloween shows are a yearly tradition, and far from spooky, but full of ex-



citement. When this show is over get a second helping of Halloween burlesque action just a couple of blocks away.

When the CCB show wraps up, make your way to Brittany's Lounge at 10225 97 St. for the 9 p.m. Trick or Tease: A Burlesque Revue performance by the combined burlesque talents of Lola Frost, Beau Creep, and Capital City Burlesque.

Max Ulis & Lorne B continue the dance-themed night at 9910B 109 St. any time past 9 p.m. with support from Dane and NVS, bringing you disco, house, and techno.

#### **SATURDAY:**

There are about 405 Hal-

loween events going on this night. The following are where I think the best times

El Cortez (8230 Gateway Blvd.) has a Dusk Till Dawnthemed freak show and costume party, which begins at

Also using darkness to hide their deeds, UGLY ART: A Halloween Art Show takes place in the Edmonton Municipal Cemetery (11820 107 Ave.) until 2 a.m.

The Ritchie Community League, at 7727 98 St., hosts an Enchantment Under the Sea Dance and Rock and Roll Sing-a-Long after 8 p.m., and if exciting dances done in costume are your thing,

then the Hip Hop Halloween at The Common (9910a 109 St. after 9 p.m.) is a tradition you should get into.

The Paramount Theatre's new life as a haunted house, Deadmonton House, has become the must-do thing of the month in Edmonton. Supplied/DEREK CLAYTON

For the night owls and those looking for a once-in-alifetime event, the Winspear

Centre is showing the 1920 classic film, Dr. Jekyll & Mr. sive Davis Concert Organ.

HOUSE

#### SUNDAY:

The Metro Cinema at 8712

109 St. offers two showings of the film A Streetcar Named Desire, at 4 p.m. and 9 p.m. The screenings are part of the cinema's weeklong tribute to Marlon Brando. This is a chance to see the actor in his prime.



#### THE INTERVIEW FAMILY-FRIENDLY FRIGHTS

Ryan Kozar has spent the last year creating the Deadmonton House, a theatresized haunted house on Jasper Avenue. He let me know his formula for frights.

Douglas Dollars: This is an elaborate event, but you have the space leased all year. Are there other seasonal events you're planning?

Ryan Kozar: No other works in the plans at this time. It takes the full year to plan and prepare for the upcom-

Douglas: Everyone who's visited Deadmonton House has told me they loved the experience - a rarity when it comes to scary things. How do you do it?

Ryan: I think the success rate in frightening people is achieved by making sure you touch on several elements of people's fears everything from phobias about bugs, claustrophobia, being touched and certain smells. That mixed in with an extreme detailed environment makes people more vulnerable to being scared.

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**PAYDAY LOANS** 



## Duggars to stay on convention agenda

An Alberta home-schooling association is standing by a controversial U.S. reality TV couple slated to speak at its upcoming annual convention.

Jim Bob and Michelle Duggar are to give a keynote address at the Alberta Home Education Convention in Red Deer

The long-running show 19 Kids and Counting chronicled the religious Arkansas couple and their growing number of home-schooled children.

The TLC program was pulled in July after revelations that their oldest child, Josh, had fondled four of his sisters and a family babysitter when he was a teenager.

The Alberta Home Education Association, which is organizing the convention, says in a statement on its website that board members decided to keep the Duggars on the agenda. THE CANADIAN PRESS



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## Maps to aid the needy

HOMELESS

#### **Visualization** project to help agency deliver its services

Rhonda Kronyk Metro Edmonton

A new project is putting Edmonton's homeless residents on the map.

Homeward Trust conducts a homeless count every second year, but soon the data they collect will be available as visual representations created by a team at the University of Alberta.

Alex Abboud, communications director with Homeward Trust, said the project will make it easier for the organization to decide things like how we provide services and where to conduct the next

"One of the challenges we face is the complexity of the data," he said.



**Grad students in Humanities Computing at the University of** Alberta are developing "heat maps" of populations. CONTRIBUTED

We collect demographic information like age, gender and cultural background. But we also ask behavioural and geographic questions such as how long they have been homeless and where they stayed the

previous night.'

Maureen Engel, director of Humanities Computing at the University of Alberta, is overseeing the project. With the help of graduate students, she's creating "heat maps" that show

The project is about educating the citizens of the city about who their neighbours are.

Maureen Engel

the density of different populations in areas of the city.

"Homeward Trust hasn't always been able to capitalize on some aspects of the data they gather because they don't always have the resources or need to do so," Engel said.

'I realized that there are a number of things that I can do to make the data more interactive so that users can combine different information."

When the site goes live, it will be accessible to the public.

"The project is about educating the citizens of the city about who their neighbours are, and letting them explore their own curiosity," Engel said.

### Rural grow-op had 3,284 pot plants

It's easier to hide

illicit activities on a

farm than it would

be in a residential

neighbourhood.

Staff Sgt. Keith Hurley



Lucie **Edwardson** Metro | Calgary

Alberta law enforcement has shut down a massive rural marijuana grow operation, after accidentally discovering it while responding to a suspicious persons call.

ALERT's Green Team, an integrated unit consisting of Calgary Police Service

and RCMP members, dismantled the grow-op on Oct. 22 at a Stettler rural home off Hwy. 12, after RCMP responded to the call the night before.

Stettler RCMP went to investigate and

in doing so located a grow-op in one of the facilities," said Staff Sgt. Keith Hurley, of the ALERT Green team. "We took two people into custody during the course of this investigation.'

Officials said the 3,284-plant grow-op in a barn on the prop-

erty was powered by two industrial-sized generators. "It definitely ranks up there with some of the larger ones we have ever come across," Hurley said.

ALERT also located three kilograms of dried bud that had recently been harvested.

Hurley said they seized two pickup trucks with hidden compartments in the slip trafficking drugs.

"It's easier to tanks, believed to be used for

hide illicit activities on a farm then it would be in a residential neighbourhood," Hurley said. "Slip tanks wouldn't be out of place in any rural environment across Canada, they

are quite common on farms.'

Kin Wa Au Yeung, a 53-yearold man, and Dan Wang, a 35-year-old woman, face charges including drug trafficking and illegal production. Neither of the accused possessed a valid Health Canada grow-op licence.

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Stony Plain

82 Boulder Blvd.

## TransAlta to pay \$56M penalty

**ENERGY** 

#### Government moving ahead with electrical rate policy

The Alberta Utilities Commission has approved TransAlta's proposed \$56-million settlement for deliberately timing outages at power plants to drive up electricity prices.

TransAlta will pay a \$52-million administrative penalty, which the commission says is the largest of its kind in Canadian history, plus \$4.3 million to cover the cost of the Market Surveillance Administrator investigation.

The administrative penalty includes \$27 million to repay the profits TransAlta made, plus a monetary penalty of \$25 million.

The commission said in approving the settlement Thursday that it believes the penalty is large enough that it can't be considered a cost of doing business or a licensing fee for trans-

"This is the first time some-

thing like this has happened, we don't want there to be a second," AUC spokesman Jim Law said in an email.

Alberta Energy Minister Margaret McCuaig-Boyd said in a statement that the size of the settlement "should serve as a deterrent and a warning."

She said the government is moving ahead with the electrical rate policy work it committed to in the election and that it continues to work to improve province's electrical system.

"When Albertans receive their electricity bills, they expect the price they pay has been arrived at in a fair and ethical way," said McCuaig-Boyd.

In July, the commission found TransAlta had violated Alberta's Electric Utilities Act and its Fair, Efficient and Open Competition Regulation on four occasions and had engaged in insider trading.

The commission ruled that clear, cogent and convincing evidence showed TransAlta timed outages at its coal-fired power plants in late 2010 and early 2011 to drive up power prices when demand was high.

THE CANADIAN PRESS



TransAlta's hefty fine for manipulating power prices and allowing a worker to engage in insider trading five years ago has been authorized by Alberta's electricity regulator. THE CANADIAN PRESS



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**TAXATION** 

REFUGEES

INDIGENOUS

WOMEN

CLIMATE

Each day this week, Metro is taking an in-depth look at some of the immediate items on prime minister-designate Justin Trudeau's to-do list. Today, we examine his pledge to launch a national inquiry into missing and murdered indigenous women.



After years of pressure on the federal government to call an inquiry into missing and murdered indigenous women, the newly elected Liberals have promised one.

Nearly 1,200 indigenous women were murdered or went missing between 1980 and 2012, according to an RCMP report released last year.

Supporters for a national inquiry include the provincial and territorial premiers, aboriginal groups and the United Nations.

The Liberal platform promises to "immediately launch" a national public inquiry, which would "seek recommendations on concrete actions that governments, law enforcement and others can take to solve



A vigil takes place in March on Parliament Hill for Loretta Saunders, a young Inuk woman who was murdered in February 2014. SEAN KILPATRICK/THE CANADIAN PRESS FILE

these crimes and prevent future ones.'

At his news conference the day after the election last week, prime minister-designate Justin Trudeau didn't provide a specific timeline for an inquiry but said he wanted to "get moving on this quickly.

Dawn Harvard, president

of the Native Women's Association of Canada, said consultations with the necessary people must start right away, but the inquiry itself shouldn't be rushed into.

The initial process needs to start right away, but that initial process itself can take a significant amount of

time just in order to make sure we get it right," Harvard said.

Any successful inquiry requires consultations with aboriginal women and their families, the larger aboriginal leadership and other relevant groups to establish the process and scope of the inquiry,

she said. It's particularly important that the families of the victims have a leading role, she said.

'We're only going to get one shot at this, and we need to make sure that we have all the key voices being heard at the table to make sure we get

as comprehensive a picture as possible.

That process should start as soon as cabinet is named Nov.

4, when establishing an inquiry will be a priority for the new aboriginal affairs minister.

While in government, the Conservatives resisted calls for a national inquiry, saying there had already been more than 40 studies on the matter and that it is action that is needed.

There are also fears that an inquiry won't necessarily lead to action. The Royal Commission on Aboriginal Peoples in the 1990s took five years, cost more than \$50 million and the more than 440 recommendations it produced mostly went unheeded.



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#### Canada | metr@NEWS |

# Harper cats move with PM's family

#### POLITICS

#### Goodbye kitty: Stanley, Gypsy and chinchilla on the move

Stephen Harper is a goner — and his cats aren't coming back.

The outgoing prime minister hAnd as he prepares to begin anew as a member of the Tory backbench, so too are his cats preparing for a new life of their own.

Stanley and Gypsy — along with Charlie, a pet chinchilla — are all moving out of 24 Sussex Drive to live with the Harper family at their new permanent digs in Calgary.

What's more, the many foster-animal friends that had been living at the prime minister's official residence in the months before the election were all found new homes in the summer.

The Harpers have fostered dozens of cats, as well as a number of other small animals, since moving in nearly a decade ago. Eventually, they devoted an entire upstairs room to the cause.

Some of the animals were eventually adopted by political staffers, others by MPs and cabinet ministers.

Harper's wife Laureen was a prominent volunteer for the Ottawa Humane Society, among other things acting as the honorary chair for the organization's annual gala, the Fur Ball.

"She's been tremendous; some years she's been our most active foster volunteer," Bruce Roney, the executive director of the Ottawa Humane Society, said in a statement.

"She's contributed greatly

both hands on and by her presence to the Fur Ball and we're grateful for her involvement."

The Harpers' fondness for cats is well-documented, going as far back as their wedding where two felines were part of the party, one in a bow tie and one in a lace collar.

The death of a former cat, Cartier, was even noted by Sen. Mike Duffy in his prolific diaries that form part of the evidence in his criminal trial.

But Charlie the Chinchilla was especially prominent in the family's later political years—he was featured in the family's 2013 Christmas card and also starred in a YouTube video.

Whether the presence of so many animals inside 24 Sussex over the last nine years has contributed to the need for repairs wasn't something the National Capital Commission would say.



Ottawa Mayor Jim Watson joins Prime Minister Stephen Harper and his wife, Laureen, with pet cats at the opening of the Ottawa Humane Society in 2011. FRED CHARTRAND/THE CANADIAN PRESS

## Longtime MP is caucus king

As the longest, continuously serving member of the caucus, Calgary MP Deepak Obhrai gets to run the party's first postelection, post-Stephen Harper meeting next week — a dramatic one.

MPs are expected to vote on a host of important things, including who will be their interim leader and their caucus chair and whether they will endow themselves with more powers.

It's all the result of changes made to the Parliament of Canada Act, put forward in a private member's bill by MP Michael Chong and passed into law in June.

Caucus must vote on a series of key matters, presided over by the caucus member "with the longest period of unbroken service." That happens to be Obhrai, elected in 1997 along with Jason Kenney and Gerry Ritz, but whose victory happened to be officially recorded first.

The 65-year-old — referred to deferentially as "mzee," or elder,

Tories raise most funds

The federal Tories lost power but are still fundraising champs. They raised \$10 million from July 1 to Sept. 30. The NDP raised \$9

million in the third quarter.

in his native Tanzania — just learned about his role this week. THE CANADIAN PRESS



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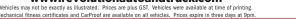


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Liberal Leader Justin Trudeau poses for a photo with a student while touring Mohawk College in Hamilton, Ont., on Oct. 14. PAUL CHIASSON/THE CANADIAN PRESS

## More youth voted this year: CASA

LIBERALS

#### **Young voter** turnout up by about 10 per cent since 2011

Student groups say young voters — a group that typically registers some of the lowest turnout levels in the country - cast more ballots in last week's federal election than they did four years ago.

The Canadian Alliance of Student Associations estimates that youth voter turnout was up by about 10 per cent since 2011, based on consultations with member campuses.

The exact number won't be known until Elections Canada releases detailed breakdowns

**IN BRIEF** 

disbanded: Advocacy

Federal assisteddeath panel should be of voter turnout in the coming

Elections Canada numbers show 70,231 people came out to special offices set up on 38 campuses during a four-day stretch prior to advance voting, which took place over the Thanksgiving long weekend.

The offices were established as part of a pilot project to get more students out to vote.

The Canadian Federation of Students said the wait time at some campuses was as long as an hour: More than 400 students crammed the special office on the Ryerson University campus in downtown Toronto on the Wednesday before the long weekend, while Memorial University in St. John's saw 1,100 students line up out the door on the last day the office was open.

CFS national chairperson Bilan Arte said the numbers help to undermine the reputation of young people as politically apathetic.

The figures have emboldened student groups to lobby the incoming Liberal government to make it easier to pay for postsecondary school and to create jobs for young people upon graduation.

Viviane Bartlett, CASA interim executive director, said students believed they had their voices heard during the election and her group "will be here to ensure the government continues to listen during their four-year mandate."

The Liberals have made sweeping promises to make it easier for students to pay for school and to get a job upon graduation. THE CANADIAN PRESS

### Saudi blogger wins top ĒŪ prize

A three-member federal panel on doctor-assisted death should be disbanded, two advocacy groups say.

Dying with Dignity Canada and the B.C. Civil Liberties Association put forward Thursday a blueprint with recommendations for leadership on physicianassisted death, including a call for the panel to halt its work. THE CANADIAN PRESS

A Saudi blogger sentenced to 10 years in prison and 1,000 lashes for insulting Muslim clerics has won the European Union's prestigious Sakharov Prize for human rights.

Raif Badawi, who has lived in Quebec's Eastern Townships region since 2013, was honoured with the award as a symbol of the fight for freedom of speech an announcement greeted with a standing ovation Thursday at the European Parliament



Raif Badawi's wife. Ensaf Haidar. THE CANADIAN PRESS

assembly in Strasbourg, France. THE CANADIAN PRESS





















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#### POPULATION

#### **Decision ends** unpopular one-child rule after 35 years

China said Thursday it would allow all married couples to have two children, signalling the end after 35 years to its drastic and unpopular "one-child" policy that has been blamed for skewing the gender balance, forcing women into unwanted abortions and bringing about a rapidly aging workforce.

The decision was the most significant easing of strict population policies that were long considered some of the ruling Communist Party's most onerous intrusions into family life and had been gradually relaxed in recent years. Many rural families and some urban ones were already able to have



A Chinese woman plays with her grandchild at the Ritan Park in Beijing. THE ASSOCIATED PRESS FILE

two children.

The news elated 36-year-old Su Weihua of Guangzhou, who said she now plans to get pregnant next year and that she is eager for her eight-year-old daughter to have a sibling.

"I have looked forward to this for so many years - even had dreams about it! I cried every time when I woke up and realized it wasn't yet true. I thought it was so unfair," Su said.

The party's Central Commit-

tee said in a statement that the decision was "to improve the balanced development of population" and to deal with an aging population.

The official Xinhua News Agency said the proposal must be approved by the top legislature before it is enacted.

The move may not spur a huge baby boom, however, in part because fertility rates are believed to be declining even without the policy's enforcement. Previous easings of the one-child policy have spurred fewer births than expected, and many people among China's younger generations see smaller families as ideal.

China, which has the world's largest population at 1.4 billion people, introduced the one-child policy in 1979 as a temporary measure to curb a then-surging population and limit the demands for water and other resources.

THE ASSOCIATED PRESS

## Locals rush in to rescue migrants

An autumn chill had set in when the wooden boat, packed with families from Syria and Iraq, set out on the short crossing from Turkey to the Greek island of Lesbos and the promise of a new life in Europe.

Partway across, it capsized, triggering a scene of panic, confusion — and compassion — in a dramatic rescue.

A Greek Coast Guard vessel sped to the site of the latest migrant catastrophe on Europe's doorstep. So did an array of volunteers, including Spanish lifeguards and Turkish fishermen, who crammed dozens of distraught people onto the decks of their small boats.

The Greek Coast Guard said 242 people were rescued in the operation Wednesday night, including at least 18 children. At least seven people died, and more than 30 are missing.

So far this year, more than 300,000 migrants have reached the island of Lesbos.

Manolis Galanakis, a local fisherman, said the actions of people smugglers who loaded the boats were "a crime against humanity."

"They just get money to put those people on boats to be dead," he said. THE ASSOCIATED PRESS



A Syrian refugee rests after arriving at the port of Piraeus from Lesbos on Thursday. THANASSIS STAVRAKIS/THE ASSOCIATED PRESS

## Candidate says his ballots were destroyed

One of Haiti's top presidential candidates insisted Thursday that ballots checked with his name have been destroyed or discarded, prompting small groups of supporters to burn tire barricades in a few sections of the country's capital.

Former senator Moise Jean-Charles, candidate of the Petit Dessalines faction, is considered one of a few major contenders out of the 54 hopefuls who appeared on presidential ballots in Sunday's firstround elections.

The two top finishers are expected to compete in a Dec. 27 runoff.

Tire-burning supporters of

Jean-Charles said they discovered partially burned ballots on Thursday behind the concrete wall of a home in the Port-au-Prince neighbourhood of Delmas 41.

The candidate insisted that numerous ballots supporting his bid have gone missing else"This is going to lead to political turmoil," he warned, prompting cheers from about three dozen backers.

Gregory Mayard-Paul, a spokesman for the Tet Kale party of outgoing President Michel Martelly, dismissed the allegations as "pure fiction.' THE ASSOCIATED PRESS

#### 🛑 U.S. POLITICS

#### Rubio, Bush trade jabs in third Republican debate

Marco Rubio bid forcefully for control of the Republican Party's establishment wing in Wednesday night's third GOP debate, deflecting jabs from Jeb Bush, who sought to right his floundering campaign.

Bush targeted Rubio for

his spotty voting record on Capitol Hill.

'Marco, when you signed up for this, this was a sixyear term and you should be showing up for work," said Bush.

Rubio sharply dismissed Bush's critique as a political ploy by a struggling candidate. THE ASSOCIATED PRESS

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People do their best to get through a flooded street after heavy rain fell in Baghdad on Thursday. KARIM KADIM/THE ASSOCIATED PRESS

## Baghdad struggles h weather woes

IRAO

#### Rare heavy rain overwhelms infrastructure battered by war

"Grab a boat from Baghdad and it will take you straight to Greece," reads a joke being shared on social media.

But Baghdad residents may

We want to go

home. I want to

go to my school. I

can't stand living

here in a tent. I

want to go home

and play with my

friends.

Malak Saad, age 10

not have been in the mood for humour after waking up to knee-deep floodwaters that seeped into homes and paralyzed parts of the

Blocks of ice, the type usually sold on outdoor stalls, floated down the streets of Baghdad's Sadr

City neighbourhood as men trudged through muddy water, trying to assess the damage.

The rare rainstorm began late Wednesday and continued into Thursday, dumping heavy rain on the Iraqi capital and across much of the country. The Iraqi government declared a holiday Thursday to ease the burden on people who may otherwise have struggled to get to work and

school. The stormy weather was forecast to continue throughout Friday and Saturday.

Police and security forces were deployed in Baghdad - a city of about 5 million people — to help residents navigate the floodwaters.

Security forces have been stretched thin battling the Islamic State militant group since last year, so the battle with Mother Nature was something out of the ordinary.

Old and inadequate drainage systems have long been an issue in Iraq and among the complaints of residents who have been protesting for better basic services and an end to corruption. Calls for reform have intensified since the summer, when

scorching temperatures led to chronic power cuts.

Iraq's power, communications, water, sewage treatment and health facilities were severely battered during the 1991 U.S.-led Gulf War, and then again in the 2003 invasion. In between, stringent UN sanctions severely limited the country's ability to rebuild.

THE ASSOCIATED PRESS



Omar Abdullah, 5, holds a stuffed animal outside his tent submerged in rainwater at a camp for displaced persons south of Baghdad, Iraq, Thursday. HADI MIZBAN/THE ASSOCIATED PRESS



Iraqi girls make their way through a flooded street after heavy rain fell in Baghdad, Iraq, Thursday.

KARIM KADIM/THE ASSOCIATED PRESS



U.S. Secretary of State John Kerry walks to the Hotel Bristol in Vienna, Austria, on Thursday, for a meeting with the Iranian Foreign Minister Javad Zarif. Kerry and other leaders are in Vienna to discuss solutions to the conflict in Syria. Brendan SMIALOWSKI/

# Peace talks hinge upon President Assad's future

#### **Backers of** government and rebels meet in Vienna

The success or failure of the Syrian peace talks this week is tied to the fate of one man who's not even at the table: President Bashar Assad.

Neither Assad nor any of his representatives are in Vienna, where U.S. Secretary of State John Kerry and senior diplomats from almost 20 other countries began negotiations Thursday. But his future is at the heart of all the talks.

The broad group of governments — an unprecedented collection of countries on the

IN BRIEF

**Police used terrorism** 

Syria issue — is looking for a plan that might convince Syria's government and its Western-backed rebels to agree to a national ceasefire and start a long process of "political transition."

Even bitter foes Iran and Saudi Arabia will be sitting at one table along with their powerful partners, Russia and the United States. That reflects the urgency all parties say they're attaching to finding a peace formula.

It's mostly about Assad.

Since the start of Syria's unrest more than four years ago, his future has been a stumbling block to all efforts aimed at ending the fighting.

U.S. President Barack Obama demanded Assad leave power in 2011. Russia resisted the push by blocking attempts at

the UN to pressure the Syrian leader and insisting that any new government only be established by mutual consent of both the government and the opposition. That essentially gave Assad veto power over his own would-be replacements.

The U.S. and its Arab and European allies have since tempered their calls, suggesting that Assad can remain in office for months as part of the transition if he agrees to resign at the end of the process. But even that softened demand has been too much for Russia and Iran, who are both engaged militarily alongside Assad's forces, fighting rebels supported by the Saudis and the Americans. And neither of the Syrian sides has suggested they would support such a plan.

In Vienna, Kerry is being

joined by Russian Foreign Minister Sergey Lavrov and counterparts from other nations, all hoping to get past disagreements that have held back international mediation efforts over the conflict's fourand-a-half years.

More than 250,000 people have been killed and more than 11 million people — half the country's population — have been uprooted from their homes. The war has led to the rise of the Islamic State and sparked a refugee crisis that has deeply unnerved much of Europe.

"We've a lot of very important meetings. We'll see what happens," Kerry said as he kicked off his first session with Austrian Foreign Minister Sebastian Kurz.

THE ASSOCIATED PRESS

## Cop shot by ex-convict dies

powers in seizure: BBC British police used antiterrorism laws to seize the computer of a reporter who has interviewed

supporters of the Islamic State group, the BBC said Thursday. Newsnight editor Ian Katz said he was concerned that the use of counterterrorism powers "to obtain communication between journalists and sources will make it very difficult for reporters to cover this issue of critical public interest." THE ASSOCIATED PRESS

A sombre Albuquerque police chief stood surrounded by dozens of law enforcement officials Thursday as he described a well-liked, highly decorated officer who was gunned down outside a pharmacy last week.

Officer Daniel Webster died early Thursday at University of New Mexico Hospital, a little more than a week after he was shot by an ex-convict, Chief Gorden Eden said.

Webster had suffered gunshot wounds to his upper body and jaw on the night of Oct. 21, and he had undergone emer-



Officer Dan Webster. ALBUQUERQUE POLICE DEPARTMENT

gency surgeries after Davon Lymon, 34, opened fire on him

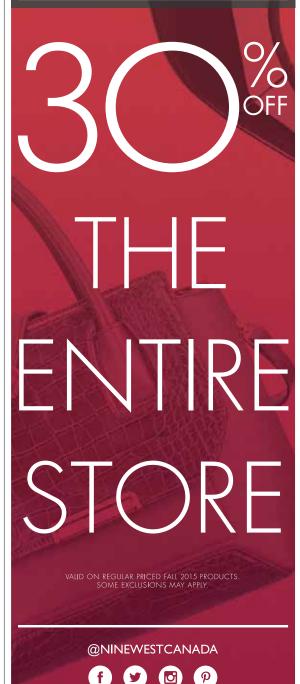
outside a pharmacy, author-

Authorities have said Webster pulled over Lymon for riding a motorcycle with a stolen license plate, and the suspect was later found hiding in a shed with a handcuff on his left wrist. A .40-calibre semiautomatic pistol was found in a vacant lot where Lymon headed after the shooting, authorities also said.

Lymon is in federal custody and faces one count of being a felon in possession of a firearm. THE ASSOCIATED PRESS

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## Ozone hole over Antarctic expands

#### **ENVIRONMENT**

#### **Cold behind** growth this month, scientists say

The Antarctic ozone hole has swelled this month to one of its biggest sizes on record, UN and U.S. scientists say, insisting

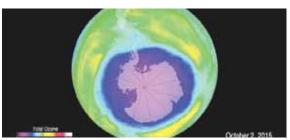
that the Earth-shielding ozone layer remains on track to longterm recovery but residents of the southern hemisphere should be on watch for high UV levels in the weeks ahead.

The World Meteorological Organization, in a regular bulletin released Thursday, said the Antarctic ozone hole often faces seasonal and year-to-year variations, but says the expansion this year shows "we need to remain vigilant."

The Geneva-based UN agency pointed to NASA data on Oct. 2 showing the hole had reached 28.2 million square kilometres - larger than the size of Russia and Canada put together. It was the largest recorded on that date, and the hole has remained at a record size on the dates since, WMO said.

According to NASA, the record largest ozone hole dates to Sept. 9, 2000, when it was 29.9 million square kilometres.

Paul Newman, chief scientist for earth sciences at NASA's Goddard Space Flight Center in Greenbelt, Md., said prolonged wintertime conditions in the Antarctic region were persisting longer than usual, and unusually weak vertical energy flows were among major contributors to the large hole, THE ASSOCIATED PRESS



The Antarctic ozone hole. NOAA VIA THE ASSOCIATED PRESS

### Vatican expects finance revelations

The Vatican is bracing for more allegations of financial wrongdoing and mismanagement with the publication next week of two books that underscore the challenges Pope Francis is facing to reform the Holy See.

Italian journalist Gianluigi Nuzzi's Merchants in the Temple follows his blockbuster 2012 book, His Holiness, based on confidential papal correspondence detailing corruption and political intrigue in the Vatican. The so-called Vatileaks scandal that ensued resulted in the conviction of Pope Benedict XVI's butler for leaking the documents, and some say, to Benedict's historic resignation.

Italian journalist Emiliano Fittipaldi is releasing Avarice: Documents Revealing Wealth, Scandals and Secrets of Francis' Church. Fittipaldi writes for L'Espresso newsweekly, which has published some of the most damaging leaks of Francis' papacy, including most recently the letter by 13 cardinals warning Francis about his family synod.

The publication of the books, both on Nov. 5, will no doubt set off a new flurry of speculation about the depth of opposition to Francis' reform agenda, given both are purportedly based on leaked documents and internal information to which only Vatican officials would have had access.

On Thursday, Italian newsweekly Panorama hinted at the dangers to come with a cover story Sabotage in Vatican, noting the pending financial revelations and detailing the

recent intrigues surrounding the just-ended synod on the family, which exposed internal battles over the direction Francis has set for the church.

The Vatican No. 2, Cardinal Pietro Parolin, confirmed Wednesday that Francis would write a document of his own about the family following the bishops' deliberations. As Francis mulls how to press ahead, the new books threaten to uncover more trouble of the sort that undermined Benedict's

În a press release Thursday, Nuzzi publisher Chiarelettere said the documents and recordings of internal discussions would reveal the real reasons why Benedict resigned, while also examining the funding required to get a saint named, of misdirected charitable donations and the "black hole" of the Vatican's pension system. THE ASSOCIATED PRESS



Pope Francis is expected to write a document about the family synod. ALESSANDRA TARAN-

#### BACKGROUND

#### Pope faces task of reform

Pope Francis was elected on a mandate from his fellow cardinals to reform the Vatican's outdated bureaucracy and clean up its scandal-marred bank. But Francis' reform agenda

has gone much farther to the dismay of some on the right — by refocusing the church as a "field hospital for wounded souls" rather than a doctrinaire club of the righteous. THE ASSOCIATED PRESS



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#### **28** Weekend, Oct. 30-Nov. 1, 2015

## Presidential candidate alleges electoral fraud

#### **Supporters** say they found partially burned ballots

One of Haiti's top presidential candidates charged Thursday that ballots checked with his name have been destroyed or discarded, prompting small groups of supporters to burn tire barricades in a few sections of the capital.

Former Sen. Moise Jean-Charles, candidate of the Petit Dessalines faction, is considered one of a few major contenders out of the 54 hopefuls who appeared on the presidential ballot in Sunday's first-round elections. The two top finishers are expected to compete in a Dec. 27 runoff.

With official preliminary results still days away, tire-burning supporters of Jean-Charles said they discovered partially burned ballots wall of a home in the Portau-Prince neighbourhood of Delmas 41. The candidate insisted that numerous ballots supporting his bid had gone missing elsewhere.

Without discussing specifics or presenting evidence, Jean-Charles told reporters at a news conference that there was also a plot at a tabulation centre in Port-au-Prince to prevent votes in his favour from being entered into computers.

"This is going to lead to political turmoil," he warned, prompting cheers from about three dozen backers gathered at a school.

The tabulation warehouse is under guard by police and UN peacekeepers and Haitian electoral workers are monitored by a rotating cast of international observers. Although it is prohibited for results to be released by anyone other than the Provisional Electoral Council, Jean-Charles' camp released



A supporter of presidential candidate Moise Jean-Charles, of the Platform Pitit Dessalines political party, sets fire to a tire during a protest in Port-au-Prince, Haiti, Thursday.

its own calculations from Sunday's vote after reviewing 85 per cent of the returns. He insisted Thursday that he dominated voting in half of Haiti's

10 departments and accused the government-backed candidate's team of trying to steal the election.

THE ASSOCIATED PRESS



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IN BRIEF

#### Quebec gives billion-dollar lifeline to Bombardier

Bombardier says \$1-billion US from the Quebec government will help complete development of the CSeries and restore customer faith in the delayed and costly commercial jet program. The Montreal-based company lost US\$4.9 billion, tied mostly to large writedowns. THE CANADIAN PRESS

#### **Eleven housing markets** overvalued: CMHC

A growing number of Canadian housing markets are overvalued, either because the cost of buying a home has ballooned or underlying economic conditions don't support current prices, according to a new report from Canada Mortgage and Housing Corp. The federal agency found problematic conditions in Toronto, Winnipeg, Saskatoon and Regina. THE CANADIAN PRESS

SPONSORSHIP DEAL

### Teen booted from team over fish feud

A soccer club on northern Vancouver Island has red carded a 14-year-old girl, barring her from playing on an elite team in a dispute about a sponsorship deal with a salmon-farming company.

The Upper Island Riptide club announced Thursday it could not reconcile its differences with Freyja Reed and, as a result, had "parted ways" with the teen goalkeeper.

Freyja and her mother Anissa Reed, who live in Comox, B.C., oppose open net-pen salmon farming and have been at odds with the club over a sponsorship deal announced in August with Marine Harvest Canada, one of the world's largest salmonfarming companies.

Riptide spokesman Sean Arbour said there was a "hiccup" with the Reeds over the club's code of conduct and the mother and daughter had been previously warned.

"I wish there was a manual that they gave you when you started volunteering that, 'hey, you might need to deal with this one day,' but there isn't," he said.

A club news release said the decision was "collective" and based on feedback from players, families and volunteers.

Anissa Reed said she was outraged, noting she was informed by email around the same time the news release was issued.

"They issued a press release prior to allowing me to tell her, when she's at school," she said.

Reed said she and Freyja moved to Comox so her daughter could play competitive soccer but learned about the sponsorship deal in August, months after tryouts for the team.

Reed said she set up a Facebook page questioning the sponsorship deal, and discussed her concerns with the club's steering committee. THE CANADIAN PRESS







Adrienne Connelly of Hamilton (above) and Holly Myers of Portland, Oregon (below right) sew bras during a bra-making class with Beverly Johnson at her Bra-Makers Supply in Hamilton on

## **Bra-making biz** supports careers

#### School a global attraction for amateurs and pros alike

Sophie Ndala has watched her mother wrestle with ill-fitting lingerie her whole life and painstakingly alter oversize bras that nonetheless dug into her shoulders and provided little support.

With bra shopping a bust in their home country of South Africa, Ndala travelled thousands of kilometres to southern Ontario to learn how to help her mother - and maybe start a business herself.

She enrolled at Bra-Makers Supply in Hamilton, a sewing

store and custom lingerie school that has grown into an international attraction for both amateurs and professionals.

For nearly two decades, the store's owner and self-described "fairy bra mother" Beverly Johnson has shown women how to handcraft bras that fit bodies of various shapes and sizes using her own patterns.

Johnson, 62, launched the school — one of the only programs of its kind — after years of leading workshops across Canada and around the world.

Between her in-person lessons and new online courses, Johnson estimates she's taught more than 30,000 people to make bras. Some have gone on to start their own businesses or teach lingerie-making themselves in stores such as The Make Den in west-end Toronto.

A recent weeklong master class on plus-size bras saw Ndala create a pale blue prototype to take home to her mother and replicate. If the undergarment fits, Ndala said she plans to start sewing some for others.

Several of her classmates already have their own lingerie lines and turned to Johnson to hone their skills.

"I really want to hit the mastectomy market," said Holly Myers, a custom bra-maker based in Portland, Ore.

"One of my aunts had breast cancer several years back and I'm also a Pilates instructor ... and I have quite a few clients who have mastectomies as well ... and they always complain about not being able to find cute bras and cute swimwear." THE CANADIAN PRESS





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FACE OFF

# Which voting system should Canada use?

Within 18 months of taking office, prime minister-designate Justin Trudeau has promised federal electoral reform. But what are our choices? Four experts weigh in.

#### **OPTION 1 Single Transferable Vote**

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CHAMPION: Nick Caruana
Ph.D. candidate, Political Science
University of Western Ontario

Single Transferable Vote is an effective compromise between what we like about the current system and what we want from a proportional system. It changes two things about the ballots we use. First, you rank candidates. You can choose many or just one. If your first-choice candidate comes in last, they're eliminated, and your vote counts towards your second choice, and so on. Secondly, ridings have more seats. Imagine squishing five ridings together to make one riding with five MPs. A major party will run five candidates, hoping for all the seats, while a fringe party may only run one. STV combines the local representation and accountability of the current system with better proportionality between the votes a party gets and its share of seats. And it lets voters give more information about what they want. Torn between two parties, or want to vote for a party and a local candidate you like from a different party? Rank both!

#### **OPTION 3** Alternative Vote

**How it works:** Voters rank candidates, who are usually affiliated with a party, first to last. If none gets a majority of first-choice votes, the second choices, then third choices, etc., are counted until there is a winner — one MP per riding. The party with the most MPs gets to govern.

Where it's used: Australia



CHAMPION: Laura Stephenson Associate professor, Political Science University of Western Ontario

An alternative vote system is the best option for electoral reform. It would not have a steep learning curve for voters. AV systems are similar to our current one: Voters indicate support for individual candidates and a single winner represents each riding. Our ridings would not have to change, and Canadians would continue to have a local MP in Parliament. The big difference would be how voters mark ballots. Instead of a single X, they'd rank the candidates by number. When a candidate wins with less than 50 per cent of the vote, like can happen now, a majority of voters preferred someone else. This would not happen with AV. Voting for someone with no chance of winning would not mean a wasted vote — support would be redistributed to the next-preferred option until one candidate emerged with over 50 per cent of the votes. This means any winning candidate would have the support of a majority of voters — maybe not a majority of first-choice votes, but preference over other options.

#### **OPTION 2** Proportional Representation

**How it works:** Voters vote for a party, and the number of seats that go to each party is proportional to its vote share. **Where it's used:** Germany, New Zealand, the Netherlands



CHAMPION: André Blais, Professor, Political Science Université de Montréal

Proportional Representation is the only system that delivers fairness; that's its greatest virtue. The percentage of Parliament seats a party gets is more or less equal to its percentage of votes. The second-greatest virtue is that PR is flexible. You can choose the version that accounts best for your other concerns. Districts can be large or small. You could have thresholds to limit the number of parties in Parliament. You could even have a mixed system with a combination of PR and some other system. A common concern about PR is that voters want to vote directly for a local candidate Well, it is possible to have people vote for both a party and a candidate. (An example is Mixed-Member PR, where voters vote once for a party and once for a local candidate. Additional MPs who do not represent a riding sit in the House of Commons so that the proportion of seats a party holds still matches its share of the vote). The major objection to PR is that it leads to coalition governments. That is true, but coalitions have advantages. They weaken the power of the prime minister; major decisions require approval of coalition partners. And it's not true that coalition governments are unstable. European PR governments last a similar amount of time as Canadian governments do. If you believe fairness is crucial, you should support PR.

#### **OPTION 4 Status Quo: First-Past-The-Post**

**How it works:** Voters elect a local MP, who is usually affiliated with a party. The local candidate with the most votes wins, and the party with the most winners governs. **Where it's used:** Canada, the U.K., India, many others



CHAMPION: Royce Koop Assistant professor, Political Studies University of Manitoba

First-Past-The-Post is designed to produce clear winners and single-party majority governments, even without a majority of votes. Majority governments can pursue big, visionary projects like free trade and they last around four years. Remember the uncertainty and frequent elections caused by minority governments in the 2000s? FPTP also creates effective representation. If you have a problem with the federal bureaucracy, you can enlist help from your riding's MP, thanks to a clear, direct link between MPs and voters. But imagine if your riding was twice or three times as populous as now, and the MP didn't have resources to help? Or you had several MPs, and it wasn't clear who to contact? Other systems produce these outcomes. FPTP ensures accountability. By voting, many Canadians held the Conservatives accountable. The government fell. But imagine if they were defeated but remained in power, in a coalition, for decades. That's possible in other electoral systems.

#### ROSEMARY WESTWOOD

metroview

#### Docking dogs' tails? You're on the wrong side of history

The change has come — in B.C. this time, where veterinarians have voted to ban cosmetic ear cropping and tail docking for dogs.

Some breeders and dog owners aren't happy, which is unfortunate for them.

B.C. is the seventh province — and won't be the last — to outlaw cutting dogs' ears to sharp points and lopping off their tails, which supposedly gives breeds like Dobermans and Boxers their distinctive look

This is the best kind of societal shift: originating from professionals, based on sound evidence and introduced for the welfare of the voiceless.

"I've always refused to crop," says Dr. Nicole Gallant, president of the Canadian Veterinary Medical Association, which supports the bans.

The group states that studies show cropping and docking are medically risky and offer no "welfare or medical benefit" — a claim kennel associations make. It also calls on breed associations to remove surgical modifications from their standards.

There might be "a few generations of dog who won't win in the ring" at shows, Gallant noted, but the shift "is coming."

Gallant is careful to say she assumes most owners and breeders love and care for their pate.

"A lot of this is about educating people and discussing what these surgeries are and



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why we're choosing not to do them," she said. "Opinions are pretty strong on this."

Indeed. The Canadian Kennel Club objects to B.C.'s ban, and owners in other provinces have claimed (unconvincingly) the bans infringe upon their rights.

The debate is an old, stubborn one: Europe is ahead of us, and the U.S. behind. But even there, states such as New York and Vermont have considered similar bans. In response, the American Kennel Club is calling on "fanciers" to pressure their senators and owners to pressure their vets.

It's not surprising a group of people dedicated to "preserving breed character" are wary of change. But there is some irony: they breed dogs to be aggressive (say, Dobermans) and then cut the dogs' floppy ears because that aggression could cause ear injuries in a fight. As for "character," google "Doberman with floppy ears" and try to find that menacing.

Surgery advocates offer varied and lengthy defences — but consider the source.

Vets have nothing to gain by upsetting breeders and owners. Breeders and owners, on the other hand, have reputations to maintain. And adopting new practices would be admitting they were wrong in the past.

Few like being wrong. But there's only one winning side here. You can lose, or you can change.























# CHANDE COND

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MOVIES MUSIC TELEVISION DIGITAL

# Don't need brains to figure it out

**Modern zombie** movies owe big debt to Night of the Living Dead

**Richard** Crouse For Metro Canada



break - owe a debt of gratitude

to Night of the Living Dead. In 1968, the story of story of people trapped in a rural Pennsylvania farmhouse trying to survive an attack by reanimated ghouls dragged a bloody new horror genre into

the marketplace. For better (see Re-Animator) and for worse (see Zombie Nightmare) the movie Rex Reed called "a classic" has spawned almost five decades of brain eating and head explosions, but according to the film's coauthor John Russo, the origin of the idea was anything but sinister.

Sometime in the winter of 1966 George Romero and I were having lunch with Richard Ricci," says Russo, then a copartner with Romero and Russell Streiner (who has the film's most famous line, "They're coming to get you, Barbara!") in



Night of the Living Dead has spawned nearly five decades of brain eating and head explosions, like this weekend's comedyhorror Scouts Guide to the Zombie Apocalypse. CONTRIBUTED

The Latent Image, a commercial television production house.

"George and I were complaining about the fickleness of our commercial clients. Richard said, 'So why don't you do something about it?' I thought about it and said, 'We oughtta be able to make something better than the crap we see on Chiller Theater.'

"George right away got excited, slammed the table with his big hand, sending bottles and glasses flying, and yelled, 'We're gonna make a movie!'" The two batted around sev-

eral ideas. One, titled Monster Flick, was a horror comedy about teenage aliens, while another

focused on flesh eating aliens. "But we quickly discovered that we could not afford all the necessary special effects," he says, so the writing continued.

"We'd go to work late at night in separate offices, at

**MOVIE RATINGS by Richard Crouse** 

**SCOUTS GUIDE TO THE ZOMBIE APOCALYPSE OUR BRAND IS CRISIS** TRUTH SUFFRAGETTE

HOW RATING WORKS
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separate typewriters," says Russo. "I said right away that our story should start in a cemetery because folks found cem-

eteries spooky. I was working on a script that started in a cemetery and involved aliens coming to earth in search of

human flesh. But George took a break at Christmas time and came back with half of a story that started in a cemetery, and was in essence what became the first half of Night of the Living Dead. There were all the proper twists and turns and a lot of excitement, but George never said who the attackers were or why they were attacking.
"I said, 'I like this, George,

but who are these attackers? You never say.' And he said he didn't know. So I said, 'It seems to me they could be dead people. But why are they attacking? What are they after?' Again, he said he didn't know. So I said, 'Why don't we use my flesh-eating idea?' And he agreed.

'So that's how the modern flesh-eating zombies were

These days it doesn't take a lot of braaaaaaaaaaaaaaains to see the legacy of Night of the Living Dead. The ghoulish story is considered a classic, has spawned comedies like the box office hit Zombieland and hit television shows like The Walking Dead.

"We were absolutely dedicated toward making a movie that was true to its premise and the motivations of its characters, from start to finish," says Russo, adding, "[the movie] struck a primal chord in everybody, perhaps because of the atavistic memory of our species as easy prey for wild beasts, which we were for most of human history. We all carry the deep-seated fear of being devoured."





#### FILM BRIEF

#### De Niro stars opposite **Efron in Dirty Grandpa**

After playing a silverhaired intern opposite Anne Hathaway, Robert De Niro's next movie role sees the actor playing a randy, recently widowed grandfather alongside Zac Efron.

In the first trailer for the film Dirty Grandpa, Efron plays De Niro's straightlaced grandson charged with driving De Niro to Boca Raton, Fla.

Along their road trip, the pair stop off at heady Spring Break party spots where granddad encourages his buttoned-up, sweater-over-the-shoulders grandson to sow his oats and end the engagement to his stuck-up fiancé, played by Julianne Hough.

Dirty Grandpa hits theatres Jan. 22, AFP



**Robert De Niro and Zac** Efron in Dirty Grandpa. AFP

#### DINNER JESSICA ALLEN



Last Friday night, we caught bits of Game 6 — you know, the one between the Toronto Blue Jays and the Kansas City Royals? — on AM radio in our cab ride home from an event. Actually, we made one pit stop to get burritos where we witnessed Royals' third baseman Mike Moustakas make a formidable catch from a ground fly that caused Simon to pause. "That's gotta feel better than sex," he said.

The Jays may have lost, but the country feels united. And we, at least, still have baseball on the brain.

That meant one thing: watch a classic baseball-

#### A classic baseball-themed movie as cinematic as Bautista's bat flip? We both knew what we craved: The Natural

themed movie as cinematic as Bautista's bat flip. There was much discussion: Should we start Ken Burns' 11-part documentary on the game? Or, were we in the mood for something a little more lighthearted, like Bull Durham, A League of Their Own or Major League?

Nope. We both knew what we craved: The Natural — and not just because one of us (him) is obsessed with Robert Redford's hair. The 1984 film is dear to me. It introduced me to Richard Farnsworth, who can break your heart with a single glance of his glossy blue eyes. It confirmed my love of sports movies, a passion which '79's Breaking Away launched. And, I think the film, beautifully shot by Caleb Deschanel, inspired my dad - who's more into Bach and Bertrand Russell than baseball — to play catch with me. Even during my



teenage years, when I knew everything, we'd go into the backyard with our wellworn gloves and toss the ball around under sun sparkle.

It'd had been a while since we'd seen The Natural. It has also been some time since we've eaten hot dogs for dinner. But the combination was a no-brainer. Here's the thing though: I don't like fat or fancy hot dogs. I only eat



Schneiders Red Hots, preferably burnt to a carcinogenic crisp over a fire. But Simon only likes Schneiders Juicy Jumbos. So we bought both.

Simon's favourite way to prepare hotdogs is to broil them in the oven. Because his experience with wieners is vastly greater than mine, I conceded. The toppings? Yellow mustard and raw sweet onion. That's it.

And the movie? It was just as weird as I remembered it, although this time around Roy Hobbs' Odyssean-like voyage was more obvious because I didn't know who Homer was when I was 10.

The Natural shouldn't be as good as it is. A near mythical, magical bat cut from a tree that was struck by lightening? Are you kidding me? Good versus evil in the form of patient Penelope and a couple of evil-siren-like women? Get out of town! And that finale when Hobbs rounds the bases after hitting a homer that causes the scoreboard lights to come crashing down around him in a shower of effervescent glory while Randy Newman's Oscar-nominated score sweeps up your very soul? Come on!

And yet, like the game itself, somehow it is capable of becoming this canvas for the purest  $\stackrel{\smile}{-}$  and by that I mean the most irrational and beautiful - human emotions. It shouldn't mean that much. But it does. And we do a disservice to ourselves, and to the game, when we attempt to figure out why.

Jessica Allen is the digital correspondent on CTV's The Social.





## Edmonton home prices continue to soar to \$467,504 average price... Who Cares?

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now it's up for sale for over \$220,000. I will make almost \$50,000 when it closes." - Lana, Red Deer

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#### **OUR BRAND IS CRISIS**

#### After string of 'wife' offers, she took role written for man

Is she going to be hot?

That's the question a studio executive asked Sandra Bullock about the lead character in a project she was pitching well into her Hollywood career.

"I looked at him and I go, 'Well, it is me, so you get what you get. You do realize that I'm pitching this for me?" recalled Bullock in a recent interview. "He goes, 'Yeah, but I want to know, like, what is she going to wear?"

Things have gotten a little better since then. In Our Brand is Crisis, out Friday, Bullock plays a role originally written for a man, and no one checked in to see whether or not the savvy political consultant character was going to be a bombshell, too.

But this is the exception. Bullock's conversation with the studio executive remains an all-too familiar scene for actresses in Hollywood, where sexist presumptions are engrained in the culture

Then there's the matter of substance with roles for women. Bullock can't remember how many times she's had to listen to a writer try to explain how



## Never mind the bollocks: Bullock plays politics

"the wife" is really the heart of the movie.

"I know what that means. That means you're going to be underwritten and you're just going to be the wife waking up in bed with the husband and making the coffee," she said. "If you say that I'm the heart of the piece, I'm going to (expletive) clock you."

That's why Bullock and her agent started looking at roles for men.

After all, male characters don't always have to be likable. Their comedies don't have to be of the romantic variety. And the first question from studio executives probably isn't going to be "Is he hot?"

When Bullock read the unproduced screenplay for Our Brand is Crisis, she decided to call longtime friends George Clooney and producer Grant Heslov to see if there was any chance they might consider her for the lead — an amoral, Sun Tzu-quoting political consultant who's come out of retirement for a showdown with an old rival. They said yes.

To adapt the part, they changed around some pronouns, they gave the character a woman's name, and they added some sexual innuendos with her foe (Billy Bob Thornton). But overall, it remained as originally written.

Part of that is the strength of screenwriter Peter Straughan's script, said Thornton. The transition from male to female was easy because it was never a type to begin with — the gender was almost incidental.

"I tend as a writer to not identify characters unless there's a reason for it," said Thornton. "(Straughan) wrote it as a person."

From there, director David Gordon Green and his actors could focus on the big ideas in this satirical story about a failing Bolivian presidential candidate and the American lackeys hired to try to manipulate his image and a country for the win.

As someone whose father worked in the Pentagon, Bullock understands the allure of stories about the underbelly of politics. The do-anything candidates and unscrupulous mercenaries in Our Brand is Crisis are especially resonant now, she notes. THE ASSOCIATED PRESS



Zoe Kazan nabbed a comic role in Our Brand is Crisis after starring in a string of romantic comedies. HANDOUT

#### INTERVIEW

## Zoe Kazan gets some comic relief

Matt Prigge Metro | New York



Zoe Kazan tends to play serious, or if it's a rom-com, like What If, quasi-serious.

But in Our Brand is Crisis she gets to play a character whose primary function is to act as a comic foil.

She's LaBlanc, the crafty right-hand person of Sandra Bullock's political advisor, who's lent her services out

to a probably crooked Bolivian politician (Joaquim de Almeida) who's race isn't going so well.

## LaBlanc is unusual for you, because she's mostly a comedic character.

That was part of it — the idea of getting to play this enigma. I had also accidentally done a lot of romantic comedies. I was just tired of that genre. I liked the idea of being able do something about a bunch of people using their minds. And there

was getting to speak Spanish in a movie. It's a language I grew up speaking, which I never get to use.

## Given your character primarily serves as a translator, I assume that helped you get the role.

I auditioned for the part. I had to improvise in Spanish in the audition. I think everyone thought I was much better at Spanish than I actually am. My accent is good; it fools people.

## This is technically a political film, but it's more along the lines of Veep or In the Loop.

I don't think there are overt politics to the film, and I think that notion is partly what the movie is about. These people are people who are working in the political field who are not doing it because they're passionate about this or that cause. It's because they're passionate about winning.







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# Redford as Rather brings home Truth

JAMES VANDERBILT

# Director draws on acting legend to play famous news anchor

## Richard Crouse For Metro Canada

Who do you get to play an icon? If you are James Vanderbilt, director of Truth, you hire another icon.

The story of 60 Minutes producer Mary Mapes and legendary news anchor Dan Rather's journalistic examination into President George W. Bush's military service features Robert Redford as one of the most famous reporters of the twentieth century. "The movie's big buy is, 'Are you going to see Redford all the way through or are you going to see Rather?" says Vanderbilt.

"Redford is a phenomenal actor but what he brings into a scene by just being present (is a) gravitational pull. The room turns toward him. Getting to know Dan, that's what

Dan Rather is like. When Dan Rather walks into a room, the same thing happens.

"Everybody turns into, in a good way, a teenager, because those are both voices who have been in your living room for 30 to 40 years. It's a voice of God thing they both have and that's why I really wanted Bob to do it."

Vanderbilt says the legendary actor is "very easy going, the nicest guy you'll ever meet," but nonetheless made people on the set nervous.

"We had heads of departments who had been working in film for 30 years who couldn't call him Bob. He would say, 'Call me Bob,' and they would say,



Robert Redford and Cate Blanchett in a scene from Truth. CONTRIBUTED

"The notion of long-form ideas, long-form journalism doesn't really exist in television anymore, in the way it did when Mary and Dan were at CBS."

Actress Cate Blanchett, who plays 60 Minutes producer Mary Mapes, tells Metro

'I'm sorry, I can't do that Mr. Redford. I'm very sorry that is not going to happen.'"

Vanderbilt is best known as a screenwriter, penning the scripts for The Amazing Spider-Man, Zodiac, White House Down and the upcoming Independence Day 2.

His screenplay for Truth is based on Mapes' memoir Truth and Duty and reveals a time before journalism was driven by ad sales and click-throughs.

"It was pre iPhone," he says.
"It was a year before the iPhone came out and that is such a big thing in terms of how we con-

nect to one another now. How we relate to each other. Journalists and everybody. It felt like a fulcrum point, kind of where we had been, journalistically, and where we are now."

His research into the story gave the director a new respect for journalists.

"I think it is a very noble profession but maybe I'm a very pie in the sky guy," he says. "I think the more young people who grow up and go, 'This is what I want to be. I want to ask questions of power,' the better. I think we, as a society, are better that way."





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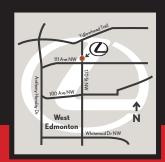


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# Cooper shows off his chops

# **Actor realized** pre-existing cooking skills wouldn't cut it

Bradley Cooper wasn't a novice to the kitchen when he decided to take on the role of the fictional Michelin star chef Adam Jones in Burnt.

He grew up in a food loving home near Philadelphia some of his favourite memories are of his grandmother making pizza, cheesecakes and homemade raviolis. He was a bus boy at a Greek restaurant there, a waiter at a fancy establishment near Georgetown University, and a prep cook at an Italian and seafood place in Somers Point, New Jersey.

One day, he said, he cut and cleaned 620 chickens and nine boxes of peppers in addition to making the dough and sauces.

But he didn't tell anyone that when he started rubbing elbows with the Michelin calibre cooks he needed to learn from for this role.

They wouldn't have cared," said Cooper, laughing. Besides, he needed to get down to work if he was going to believably portray this top chef seeking a third Michelin star. Whatever knife proficiency he thought he had wasn't exactly going to cut it under the scrutiny of professionals.

In Burnt, out Friday, not only is Adam Jones a savant in the kitchen; he's also got a drug habit that's left him an exile in the world of haute cuisine. While the drugs are under con-



Bradley Cooper plays a high-octane, drug-addicted top chef in Burnt. HANDOUT

trol for the moment, his temper is another story. Who better to learn from than the stormy Gordon Ramsay?

Cooper trained alongside Claire Smythe, executive chef of London's Restaurant Gordon Ramsay, which has three Michelin stars, for "many, many services," said director John

"All the actors had to spend the time to get fluent in the craft - not fluent enough to serve 100 meals, but fluent enough where someone else who knows how to do it wouldn't think they look ridiculous."

When it got down to shooting, they chose the authentic over the artificial.

BBC TV Master Chef presenter Marcus Wareing was behind the camera, both designing the menus and keeping an eye on everyone's technique.

The actors felt the stress and the pain of working in a real kitchen too - sometimes literally, with cuts and burns.

"That's real sweat. My eyes were bloodshot for half the movie. It was all real. For an actor, that was amazing. There was no stunt double. There was no insert of another person's hands," said Cooper.

Being No. 1 on the call sheet isn't unlike being the head of a kitchen, too. Cooper needed to set the tone of the operation.

"He did exactly what any director would want him to do. He was fully prepared, had done all of his research, knew all of his lines and showed up ready to work and was as demanding as Adam," said Wells. "He was the first person on the set and the last person off.

The seriousness with which Cooper approached the role reminded Wells of another actor he'd worked with recently: Meryl Streep. He remembers showing up

for a read through of August: Osage County and Streep was already off book.

'Everyone else was like, 'Oh, uh oh, it's going to be like that, is it?' And that was the same with Bradley," he said.

"Bradley, because he's so

damn good looking, people don't realize that he's really smart - fiercely intelligent. He questions things and you and everyone else had better be prepared.' THE ASSOCIATED PRESS

# C Q&A

Cooper talks audience expectations and how real the kitchen experience

#### With the amount of reality and scripted shows about chefs, do you expect a certain level of preexisting knowledge from audiences these days?

It's a very educated audience, and we were very aware of that. We were very conscious that we have to be as authentic as we can because people are going to be able to smell it out in two seconds. I'm not so sure how well-versed people are with the history of Michelin, but in terms of the back of the house being documented on the Food Network, whole channels dedicated to it, that's all over the place.

#### How realistic was your kitchen set-up for this?

That's a functioning kitchen. Every shot, that's me doing it for better or for worse. All the other extras that you see in the kitchen, those were all chefs who work in Michelinstarred restaurants. None of them were actors aside from Omar, Ricardo, Sienna and Sam. The rest were all chefs. And we were making food. Each day we would come into work, there would be orders that we would have that I would call out, and there would be food in the refrigerator ready to cook those meals, and we had to cook them.

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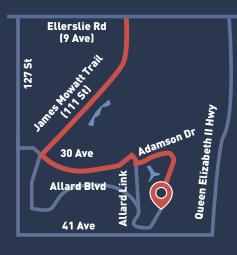


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McKean takes a bite out of food fictions

# **New TV series** tackles food and diet myths with humour

Ned **Ehrbar** Metro | Hollywood

Michael McKean goes from Spinal Tap, Best in Show and Better Call Saul to the Cooking Channel for the new Food: Fact or Fiction, channeling a passion for food into tackling some famous misconceptions about what we eat.

Except he doesn't really have a passion for food, it

#### What was it about food myths that sparked your interests?

It seemed to me that there were some interesting questions about the things that we know, not even just in the world of food. In the things that everybody knows, there are a lot of things that nobody knows because they're too busy thinking that they do know it.

Some things are just axiomatic — "breakfast is the most important meal of the day." Well yeah, unless the other two are more important. The idea of eating a big breakfast is kind of a newish one.

# (1) FOOD FOR THOUGHT

#### Would you say you've always had a passion for food?

No, I wouldn't say so. I was not an eater when I was a child. Between the ages of 1 and 4, I gained one pound, and my parents thought I was trying pass away because I didn't eat.

I ate peanut butter and rice pudding and Wonder Bread with jelly on it terrible, terrible things, but it kept me alive. Until I was 30 I

never gained weight. Then I guess I started eating more regular because I was making a good living.

I will enjoy food, but I'm not a real fancy Dan. I've gone to high-end restaurants and had good food and everything, but I really think if somebody makes a great steak chili or an amazing meat sauce on



#### Were there any revelations that really surprised you?

Yeah, dozens of them. There are still some mysteries which I will never get a satisfactory explanation of, like why people eat oysters in any form whatsoever. These people are insane. But I guess that's a per-

I've always felt that way about eggs. Who had that idea first? These things that come out of the chicken here? Let's try something!"

Or the genius Italian who was the first one to say, "You know what? These tomatoes are really good, but I bet if we cooked them we could make a sauce that would be really versatile and we could just keep it going on the stove and we'd always have something to put over pasta."

Genius. We don't know who that was.

Michael McKean hosts the new TV series Food: fact or **Fiction** GETTY IMAGES

#### Are there any current food trends you want to poke holes in?

Six months after something was good for you, it's now the worst thing you could do. But that's fear for sale. That's something else. That's people selling newspapers with "here are the 10 things that you're eating now that will kill you within a week." That's a whole different thing.

> Waiting for Guffman and Best in Show director Christopher Guest is finally making another movie, Mascots. Will

#### vou be in it?

cluded.

No, I'm not. Chris calls when he needs someone like me, and this time it just didn't work out because I'm in Albuquerque an unpredictable amount of time for Better Call Saul. You know what? He'll get some ham-andegger. He'll do fine. (Laughs) It's going to be amazing anyway because he does great work. I think everyone will be very happy, myself in-





# Now playing



# DRAMA/COMEDY **Our Brand** is Crisis

**Director: David Gordon** Green Starring: Sandra Bullock, **Billy Bob Thornton** 

Sandra Bullock stars in this political comedy drama from Warner Bros. and director David Gordon Green, and inspired by the documentary of the same name, an expose of a bungled American election campaign in South America.

ROTTEN TOMATOES™ SCORE **Critics:** Audience:



39%

The Last

**ACTION & ADVENTURE** 

**Witch Hunter** 

**Director: Breck Eisner** 

**Wood, Rose Leslie** 

upon the world.

Critics:

Starring: Vin Diesel, Elijah

The modern world holds many

secrets, but the most astound-

ing secret of all is that witches

on unleashing the Black Death

ROTTEN TOMATOES™ SCORE

**Audience**:

**52%** 

still live amongst us; vicious supernatural creatures intent





# **Scouts Guide** to the Zombie **Apocalypse**

**Director: Christopher** Landon Starring: Tye Sheridan, **David Koechner** 

Three friends who are scouts battle zombies and attempt to save their town from the

ROTTEN TOMATOES™ SCORE Critics: Audience:



## DRAMA

# **Rock the** Kasbah

**Director: Barry Levinson** Starring: Bill Murray, Scott Caan, Bruce Willis

Rock the Kasbah is the story of "Richie Lanz," a has-been rock manager who takes his last remaining client on a USO tour of Afghanistan. Richie discovers a young girl with an extraordinary voice.

ROTTEN TOMATOES™ SCORE Critics:

Audience:





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**Director: John Wells** Starring: Bradley Cooper, Sienna Miller

Chef Adam Jones had it all and lost it. A two-star Michelin rockstar with the bad habits to match, the former enfant terrible of the Paris restaurant scene did everything different every time out, and only ever cared about the thrill of creating explosions of taste.

ROTTEN TOMATOES™ SCORE **Critics: Audience**:





#### HORROR

# **Paranormal Activity: The Ghost Dimension**

**Director: Gregory Plotkin** Starring: Chris Murray, Chris J. Miller, Brit Shaw, **Ivv George** 

The Paranormal Activity series grows with this fifth entry from Paramount Pictures.

ROTTEN TOMATOES™ SCORE

Audience:





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# It's a Winnipeg thing



For Metro Canada

Forty years ago, two movies were released to massive public indifference.

One would later become a worldwide cult phenomenon that has since grossed more than \$440 million. The other also became a cult favourite but on a ahem — slightly smaller scale.

That first movie, The Rocky Horror Picture Show, has never officially been pulled from theatrical release by 20th Century Fox and continues to screen all over the world.

The second film also lives on, but only in one place: Winnipeg.

The Phantom of the Paradise, Brian De Palma's schlocky rock 'n' roll riff on The Phantom of the Opera, tells the story of poor Winslow Leach, who, after being disfigured by having his head squished in a record press, has his music stolen by the evil Swan, played by the diminutive Paul Williams, best known at the time for writing hits for The Carpenters and Barbra Streisand, and who would soon gain fame for writing Rainbow Connection for Kermit the Frog.

For reasons that baffle cinephiles, musicologists and sociologists, Paradise grabbed on to the

good people of Winnipeg upon its release in 1974 and never let go. While the film was bounced from theatres within a week or two in most cities, it ran for months in Winnipeg. The city bought more than 20,000 copies of the soundtrack. And passion for the movie continues to run very, very deep.

Every couple of years, Winnipeg's love for Paradise is renewed with a gathering called Phantompalooza. This Friday, Paradisers will once again assemble at the Metropolitan Entertainment Centre. The guest of honour will be Peter Elbling, lead ghoul of The Undead, one of the film's fictional bands. The city is freaking out at the prospect of seeing the man who sang Somebody Super Like You.

I will be there. My sister is performing in the event's house band. A lot of my old friends will be attending. None of us can explain it; this is just something Winnipeggers do.

Several years ago I cornered Williams backstage at a Canadian Music Week event. I had to tell him that I considered Paradise to be one of the greatest movies I'd ever seen as a kid. Williams looked up at me with a weird expression. "Why?"

"I'm from Winnipeg," I replied. "Oh," he said. "That ex-



Brian De Palma's The Phantom of the Paradise continues to be an inexplicable cult hit in Winnipeg. HANDOUT



Clara Venice's show features 'hologlamour' projections of herself playing various instruments. CONTRIBUTED

# Musician's multiplicity is a marvel to behold

## INTERVIEW

# Clara Venice plays 72 instruments on her new album

Kris Abel For Metro Canada

Of the 72 musical instruments played by Clara Venice on her new album Electric Dream it's the Theremin that she's con-

nected to most. To me it's just the most magical instrument" she says excitedly, "it can mimic a voice, a guitar or a violin.'

Invented in 1920, the Theremin is known for producing eerie sounds when you hold your hands near two antennae to complete an electric circuit, but in Clara's expert hands it delivers a warm scenery of grooves that matches the way she sways her hips and bops to the crowds on stage.

"It's a sound that most people

know from science fiction movies, but it can actually do so much more" she explains.

"I've got a solo on the album that people honestly think is an electric guitar until it gets to the very end and it's sliding around in a way that wouldn't be possible."

With her pink hair, Minnie Mouse leggings, and cuddlybear Laplander hat she enthuses delights that seem simple and easy, but they grow from a sophisticated curiosity. In her songs her characters read Yates even as they surprise each other with Skittles and her album is full of sounds from the largest collection of rare instruments in the world, the National Music Centre in Calgary.

"They basically just let me go crazy" she says of her residency there which gave her access to an electric violin, ukulele, glockenspiel, and an exotic instrument called the Buchla Lightning. "It's an instrument you play with two magic wands" she says with delight.

She's toured with the Barenaked Ladies and performed this past summer at the Beakerhead festival in Calgary where she debuted a stage system incorporating four pre-recorded "Hologlamour" projections of herself.

"It's kind of like the Spice Girls, but more the Space Girls" she says of her green screengenerated band, needed to share her many instruments. "There's four different personas: one of them is the guitar player, one of them is the keyboard, one of them is a string player, the other plays ukulele, and they accompany me as I sing and perform live on the Theremin."

Each virtual clone gives Clara a chance to come up with new identities through colourful wigs, clothes, and moves. VJ and programmer Owen Denham helped orchestrate the live experience which also includes inter-planetary vistas and virtual rabbits captured in advance also using agreen screen technology.

"I want to create music that becomes your environment" she says of her new album Electric Dream, "I want something that will envelop you, hug you, and move you along throughout

# **THE ALBUM** If you want to hear more: · Electric Dream is available now through iTunes · Tour updates: claravenice.com



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# Experiencing Gullah culture

BEAUFORT, S.C.

# Painting class, foot-stomping musical evoke region's past

**Mike Dojc** For Metro Canada

The Gullah are the descendants of the people of the rice coast regions of Western Africa who were stripped of their freedom, herded onto slave ships, and imported as chattel to the Lowcountry of South Carolina and Georgia. They were liberated the first year of the Civil War following the battle of Port Royal and remained in the Beaufort area, where decades of rural isolation preserved their African-American Gullah culture.

Whispers of the past can still be heard when staring out at the vast salt marshes from the waterfront - a view undisturbed by the passage of time — or walking down the town's shady residential streets through a towering and twisted canopy of live oaks festooned with Spanish moss that rustles in the breeze.

The porch ceilings of stately antebellum homes are painted a soft, pale "haint blue," a stylistic flourish that arose from Gullah ghostbusting tradition. The cooling colour is believed to ward off "haints" or evil spirits. According to Gullah superstition, lost souls up to no good are as afraid of water as the Wicked

Witch of the West. Beaufort's bubbling art scene with galleries dotting the downtown core also serves as a visual bridge to the past.

### **Creative freedom**

"I had two types of grandmothers. I had that really sweet grandmother who would teach me how to bake cakes. Then I had that grandmother who would teach me how to go get a switch," riffs Sonja Griffins Evans, an acclaimed Gullah culture artist.

She's pointing to a work of hers depicting a young girl with her hands clasped and her guardian behind her in a matching white dress. "When I first painted it I thought this is Nana's baby." We're in the courtyard of the Beaufort Arsenal, a castle-like fortification constructed in 1799, about to dip our brushes and have at it in a painting class.

Gullah paintings tend to employ bright, vibrant colours in their depictions of post-emancipation community life, and figures are often faceless. Evans steers us to follow our own path but shepherds the artistic process by urging pupils to pick out one colour that is personally meaningful and then blanket our canvas with it to serve as a backdrop.

After choosing a dark shade of green and making a few muddy brushstrokes she glances at my work in progress and intuits correctly that I'm "a bit of a nature guy." Later she takes a look and envisions a red-roofed



The view from the third-floor balcony of the Anchorage 1770 inn in Beaufort, S.C. CONTRIBUTED



Aunt Pearlie Sue of Aunt Pearlie Sue and The Gullah Kinfolk performs for guests. MIKE DOJC/FOR METRO



**Painting by Sonja Griffins Evans.** MIKE DOJC/FOR METRO

structure in my painting's future, another prescient forecast.

Evans' work can be found at Scout Southern Market (709 Bay St.), a home decor shop where you can sip on a mint mojito sweet tea float while browsing hand-hammered copper pitchers, porch bed swings, and spoon-laden chandeliers.

For a wide variety of Gullah, African and low-country folk art, LyBensons Gallery and Studio (211 Charles St.) carries everything from sweetgrass baskets and wood burnings, to works depicting Gullah icon Robert Smalls, the slave-turned-ship captain and eventual five-term congressman.

## A Gullah night on the town

The first Friday in December will ring in the Yuletide season on the South Carolina Sea Islands with a stirring rendition of The Gullah Kinfolk: Christmas Wish ... Freedom Coming at the University of South Carolina-Beaufort's Performing Arts Center. Connect with Gullah culture through a dazzling, foot-stomping musical bringing alive the excitement of December of 1860, the last Christmas holiday before the Civil War.

Coinciding with the stirring theatrical performance is the Taste of Gullah Soulfood Buffet where local caterers serve up collards, candied yams, gumbo, red rice and other rib-sticking favourites. There will also be an artist showcase and market.

Some travel and accommodation costs were courtesy of the Beaufort Regional Chamber of Commerce.



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metronews.ca/panel



# Orlando beyond the theme parks

10 fun things you can do in the city, from arts to wildlife

Mark **Stachiew** For Metro Canada

Many Canadians never venture beyond the walls of Orlando's famous theme parks, but those who do will discover an exciting range of experiences in the Florida city that just might surprise them.

1 Ride the Orlando Eye

It only opened last year, but this gigantic Ferris wheel has become an instant Orlando icon. Take a sunset ride on this engineering wonder and marvel at the panoramic views below.

2 Look for gators You don't have to go all the way to

the Everglades to see alligators. Just 30 minutes from town, you can take an airboat tour that will let you see gators and other wildlife in their natural habitat.

## 3 Ride an Amphicar

At the Boathouse Restaurant in Disney Springs, a sprawling shopping, dining and entertainment district, you can take a one-of-a-kind tour of the nearby lake in an Amphicar, a 1960sera amphibious car of which only a few hundred remain in the world.

4 Enjoy fine dining

Foodies love Orlando's restaurant scene. It attracts celebrity chefs from around the world and is home to some local chefs who are making names for themselves. Whether you prefer Southern barbecue, Asian fusion or farm-to-fork, just about any type of cuisine you can think of can be found here.



5) Go up in a hot-air balloon

The Orlando Eye is not the only way to get a bird's-eye view of the sprawling

city and the area around it. Visitors can experience a sunrise ride in a hot-air balloon that transports them above the ground at a leisurely pace.

6 See the fishes

SEA LIFE Aquarium is the perfect place to bring the kids on a rainy day or on those days that it's so hot that you want to do something inside. This colourful aquarium is a lot of fun and children won't even notice that it's educational.

**7** Get close to celebrities Madame Tussaud's Wax Mu-

to many rich, northern industrialists. Their stately waterfront homes are still favoured by the rich and famous and ordinary folks can get a peek by taking a boat tour that passes by their properties.

lando neighbourhood of Winter

Garden was the winter home

Go to a show

visitorlando

up close to their ce-

are encouraged!

of the rich

lebrity figures. You'll

be amazed at their resemblance

to the real thing and may even

be surprised at just how tall (or

short) some of them are. Selfies

Peek into the backyards

For a century, the swanky Or-

The newly opened Dr. Phillips Center for the Performing Arts is a stunning, state-of-the-art concert venue in downtown Orlando that hosts live music, broadway musicals, theatre, comedy and much more.

Check their schedule to see what's playing when you are in town.

10 Admire some Tiffany glass

The glass masterpieces of Louis Tiffany are preserved at the Charles Hosmer Morse Museum of American Art in Winter Park. It is the most important collection of this art nouveau master best known for his colourful lamps.

The writer was a guest of Visit Orlando, which did not review nor approve the story.



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# London thrilled by new Bond exhibit

ON THE MOVE

# Displays range from fast rides to a crocodile submarine

Loren Christie For Metro Canada

The Brits love their Bond.

"He is very much a British cultural icon. Everybody has grown up with him: kids, parents and even grandparents," explains Rachel Stewardson, a tour guide at the London Film Museum.

On until March 2016, the museum's Bond in Motion exhibit, a collection of James Bond vehicles, has been wildly popular with locals and tourists alike. With the launch of the latest Bond flick, Spectre, Stewardson expects the exhibit will be extended for another year.

The most popular vehicle here is the classic Bond car, the Aston Martin. The DB5 used in Goldeneye is displayed prominently and a one-third scale model of the same make, used in Skyfall, gives visitors a glimpse into the magic of movie-making.

You quickly learn that many other Aston Martins have played a part in the Bond world: the V12 Vanquish from Die Another Day, the V8 from The Living Daylights, and even the wreckage of the DBS used in Casino Royale, which broke a Guinness world record for the number of flips (seven and three-quarters rotation) taken by a stunt driver during filming.

Another highlight is the Lotus Esprit S1 from the Spy Who Loved Me. Remember the scene where Bond and his Russian spy love interest, pursued



The museum does an excellent job of immersing you into the world of Bond. by a gun-blazing helicopter, go flying off a pier into the water? When the car transforms into a submersible laden with Q-supplied gadgets, you can't help but cheer for the suave spy.

My favourite displays are the unconventional vehicles: the cello case sled used by Bond to slide away from armed guards in The Living Daylights; the Little Nellie auto gyro mini helicopter from You Only Live Twice; and the crocodile submarine from Octopussy. Apparently the filmmakers acquired a real crocodile for the scene, which then escaped and hibernated under the set, only to reappear two weeks later.

In addition to the vehicles, there are storyboards, scripts and a smattering of the costumes and props used during more than 50 years of Bond filmmaking. Video screens placed throughout play the relevant clips from the movies.

Located half a block from Covent Garden, a stop here will leave anyone interested in movie-making shaken and stirred.

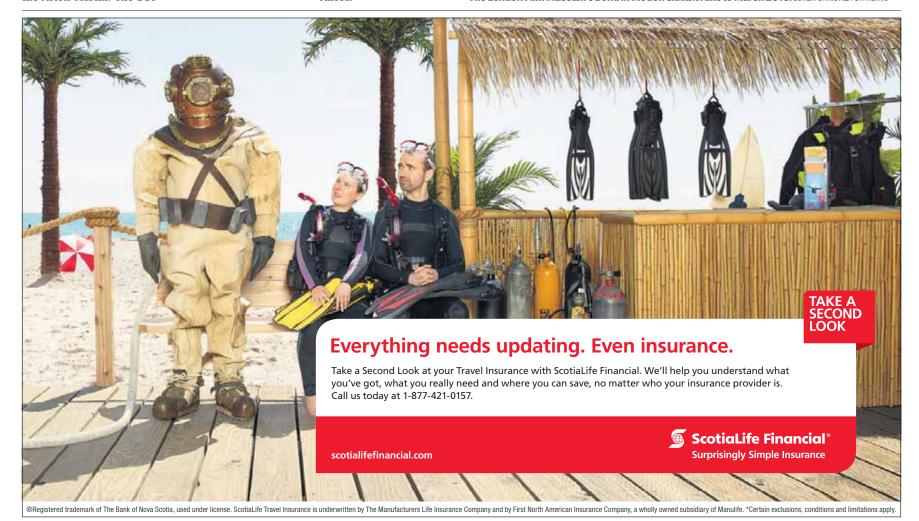








The London Film Museum's Bond in Motion exhibit runs to March 2016. LOREN CHRISTIE/FOR METRO



48 Weekend, Oct. 30-Nov. 1, 2015 **metr** TRAVEL

# Chicago feels the Force on museum

**MOVIE ARTIFACTS** 

# Council OKs George Lucas museum, but hurdles remain

The force — of Chicago's city council, at least — is with George Lucas, as aldermen voted Wednesday to allow the Star Wars filmmaker to build his \$400-million museum along the shores of Lake Michigan.

With no discussion, the council cast the widely expected vote in favour of allowing Lucas to build his 300,000-square-foot Lucas Museum of Narrative Art just south of Soldier Field, home of the Chicago Bears.

Mayor Rahm Emanuel strongly endorsed the project and Lucas's choice of Chicago instead of San Francisco as the site for his museum was considered a major coup for the mayor, who earlier this year scored another victory when President Barack Obama selected Chicago as the site of his presidential library.

But as with that library, not everybody favours handing over city parkland for Lucas to build his museum. Non-profit group Friends of the Parks is suing in federal court to block the project and the two sides are due back in court Nov. 10.

Some questions and answers about the museum plan:

### Why Chicago?

It seemed like San Francisco was a lock. After all, Lucas was born in California, Lucasfilm's visual effects division is based in the city and the headquarters of Lucasfilm and Skywalker Sound is across the Golden Gate Bridge in Marin County. But Lucas' wife, Mellody Hobson, is from Chicago. And when the two got married, they hosted a starstudded party there to celebrate after their California wedding.

Then there is Mayor Rahm Emanuel. The famously pushy mayor really wanted the museum and while San Francisco was "doodling around," as Lucas once said, Emanuel was getting the city to offer up a slice of real estate along the lake near attractions such as the Field Museum of Natural History and the Shedd Aquarium.

## What will it look like?

It is no surprise that a filmmaker

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Construction on the proposed Lucas Museum of Narrative Art, left, in Chicago could begin as early as next spring, with doors opening as soon as 2019, if things go according to plan.

LUCAS MUSEUM OF NARRATIVE ART VIA THE ASSOCIATED PRESS FILE

that introduced the world to Han Solo's Millennium Falcon and a droid named R2-D2 plans to house his collection in a futur-

istic building. The undulating

structure will have an obser-

vation deck that resembles a

floating disc. But the revised renderings also reflect the battle with those opposed to building a private museum on the city's cherished lakefront. About 100,000 square feet have been lopped off of the original planned 400,000-square-foot building, leaving more green space on the 17-acre site, which will include many trees, native plants and an outdoor plaza that leads up to the sloping face of the building.

# **300K**

The 300,000-squarefoot undulating structure would sit on a 17-acre site on the Chicago lakefront. About 100,000 square feet were trimmed from the original plan to leave more green space.

# What is going to be in the museum?

It may be officially called the Lucas Museum of Narrative Art, but it will almost certainly be known as the Star Wars Museum. That means there will be plenty of artifacts and costumes from the Star Wars films, and Lucas has said there will be artifacts from the Indiana Jones movies and other films. But along with props and story boards, the museum will also include three auditoriums where visitors can watch films and attend lectures and workshops. Not only that, but the museum will showcase artwork Lucas has been collecting since college, including illustrations by Norman Rockwell and N.C. Wyeth. THE ASSOCIATED PRESS



# TRAVEL NOTES EUROPEAN TOURS AND DISCOUNT FLIGHTS



Cleopatra's Baths, Hamam Bay, Turkey. CONTRIBUTED

#### Sail and cycle

Hikers, bikers and sailors take note: Utracks now lists more than 350 European trips in their bike-and-barge, cycle-and-sail and walkand-sail trips. You wake up each morning in a different location ready to walk, hike, cycle or even ride an electric bike. Three levels of fitness lets everyone have an active holiday. Tour 23 countries from Ireland to Turkey. Visit Utracks.com.



The HumanCharger helps re-sync your circadian rhythm. CONTRIBUTED

#### Ease the ietlag

Working on the foundation that exposure to light helps maintain the rhythm of our natural body clock when we travel, the new Valkee HumanCharger sends UV-free light to light-sensitive regions of your brain, via ear buds fitted with LEDs. Inventors claim that topping up with light boosts your energy levels and mood, and cuts jetlag in half. Visit HumanCharger.com.



Harpa Concert Hall, Reykjavik, Iceland.

## Fly for cheap

Iceland's budget airline Wow Air just announced it will start flying from Montreal and Toronto to Iceland for \$99 oneway in May, with departures four times a week. As well, the airline will offer one-way fares to other cities in Europe (including London, Paris, Berlin and Amsterdam) for \$149, with plans to provide the same discounts for return fares soon. Visit wowair.com. DOUG WALLACE

# Wyoming inspires Pixar dino film

# Tourism office, studio team for promotional campaign

The state of Wyoming is looking to boost tourism through an animated film that will be released nationwide next month.

The Good Dinosaur, which will be released U.S. Thanksgiving week, is about a dinosaur named Arlo and his human friend as they travel a harsh and scenic land. Valleys and mountains depicted in the film were inspired by the Wyoming landscape, such as the Teton Range.

Under an agreement between the state Office of Tourism and Pixar, Wyoming will invest \$1.2 million of its advertising budget on a media campaign promoting both the film and the state.

In addition, the state will pay Pixar \$100,000 to help sponsor the film's world premiere Nov. 17 in Los Angeles. În return, Wyoming will be able to promote



The Good Dinosaur has its world premiere on Nov. 17. HANDOUT

the state, such as displaying its bucking horse and rider logo on the red carpet at the premiere.

Tourism Office spokesman Chris Mickey said that Wyoming will be able to use images from the film in commercials marketing the state to potential visitors.

"One of the things we love about this partnership is we can directly tie the dinosaurs to Wyoming in the movie," Mickey said.

The commercials will run from mid-November to mid-December, but probably won't

"But they will be seen in select markets all over the country,' Mickey said.

Diane Shober, executive director of the Wyoming Office of Tourism, said the arrangement with Pixar provides the state the opportunity to increase interest in and visitation to Wyoming.

"The Good Dinosaur is a perfect fit for Wyoming with the mountain backdrops, sweeping landscapes and ties to paleontology and culture of the American West," Shober said in a state-

SPONSORED CONTENT



# Safety tips for your last-minute getaway

Last-minute travel deals are often too enticing to pass up. But even unexpected getaways require safety precautions, says one Edmonton nurse.

"Last-minute travel doesn't mean you're 'hooped' on getting the information you need to stay safe," says Yahozka Morales, a nurse at Atlas Immunization Services, which specializes in travel vaccines and immunizations. "It just means you have little time to get it."

While immunity takes about two weeks post vaccine to develop, Morales says some vaccines can be accelerated or standard dosing can give partial protection. For example, she says, one dose of hepatitis A vaccine offers 79 per cent protection after one week and about 90 per cent after two.

'Even if you haven't purchased your ticket, we suggest making sure your hepatitis A, Tetanus, Diphtheria and Pertussis (whooping cough) vaccines are up to date," she says.

In addition to vaccines, says Morales, with just one consultation last-minute travellers can learn to reduce travel risks and obtain prescription medications for malaria, altitude



illness and traveller's diarrhea.

"A consultation offers a lot of information, but no matter where they are in the world, if our clients' have a question, we are only an e-mail away," says Morales.

Meanwhile, essential non-medical travel precautions, says Morales, include photocopying travel documents and passports (keeping copies in each travel bag and giving one to a loved one), and registering with the Canadian embassy in case of an emergency abroad is important.



HEALTH AND WELLNESS SPONSORED CONTENT



SHUTTERSTO

# 50 YEARS OF EYE SERVICE

It's a rare accomplishment but Gimbel Eye Centre is celebrating 50 years of providing quality eye service to patients in Alberta.

As Gimbel Eye Centre celebrates this special milestone, they continue to provide safe and high quality service to their patients, according to Gimbel Chief Operating Officer Gregg Becker, who says the special feat is the result of world class patient care and innovation.

"Our world-class procedures and innovation has propelled us forward as leaders of in the provision of safe, high-quality and cost-effective eye surgery, and our teams combine for over 500 years of experience," he says. "We're committed to a thorough assessment process, taking the time and tests needed to ensure we provide the best options for our patients." Gimbel uses only all-laser technologies for refractive surgery, providing the safest results and great vision at prices that are always competitive. "Our surgeons began practicing in the areas of cataract and refractive laser surgery when the field was relatively new, and are well known world-wide as innovators in surgical practice, and the procedures they pioneered are now common across the industry," he says, adding that they have recently added a new procedure called KAMRA Inlay to help restore near vision. "It's used to help patients reduce or eliminate their use of reading glasses. This has been done widely in other parts of Canada and the world, but is relatively new in Western Canada." For more info, visit gimbel.com.

# The season of suffering for some

It's that time of year again when people shudder at the thought of winter around the corner but for the estimated five million Canadians who suffer from eczema there is more to fear than just the cold.

With the dry weather also comes suffering for those with mild to severe cases of the painful skin condition, according to Eczema Society of Canada Executive Director Amanda Cresswell-Melville.

"For some sufferers, their mild condition consists of dry, itchy skin. For others with moderate to severe eczema, it can mean constant itching and pain, and it can impact every aspect of life."

For people living with eczema there are many psychological challenges that go beyond the physical ones.

"Support is important because the psychological burden can be as great as the physical but we want people to know there is help."

That's why Eczema Society of Canada is



hosting its fifth annual "Life with Eczema" events in Edmonton and Calgary for Eczema Awareness Month, with topics including hand eczema, treatments and tips from experts.

"The events are an opportunity for eczema sufferers and caregivers to learn about what's new in eczema and hand eczema treatment, and where they can get support for living with eczema."

The free events will be held in Edmonton on November 17 and Calgary on November 19 and the first 100 people to register in each city will receive a free Eucerin skin care gift bag. For more information please eczemahelp.ca.

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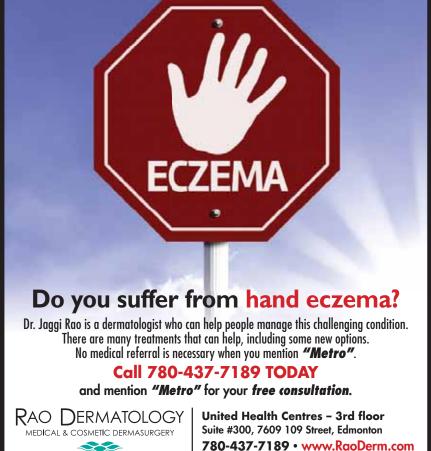
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SHUTTERSTOCE

# Relief possible for sufferers of acne

It's known as one of the most common skincare problems seen by doctors but it's also one of the most distressing for sufferers.

Acne affects nearly 20 per cent of Canadians, which is 5.6 million Canadians, according to University of Alberta Clinical Professor and Interim Clinical Section Chief for Dermatology in the Edmonton Zone Dr. Marlene Dytoc, who says 20 to 30 per cent of those are adults between 20 to 40 years old

"Acne is a very common and distressing skin disorder involving mostly teenagers and increasingly, in adults," she says, adding the majority of acne affects the face.

"It can cause scarring and engender psychosocial impact in patients including poor self-esteem, anxiety and depression affecting school and jobs."

The four key factors for acne include plugging of pores, male hormones (even in women), bacteria — Propionibacterium acnes, and inflammation, and sufferers should address all four factors when trying to overcome the condition.

"We live in an age of bacterial resistance to antibiotics. Hence, we have to use antibiotics judiciously under the guidance of physicians with acne expertise and address all 4 key factors of acne to succeed," she adds.

In their acne clinic, Dr. Dytoc and Dr. Leng Wong, a family physician, give advice on general skin care and products to unplug pores, choose the right birth control for women, which help acne — as some can make acne worse, suggest diet and lifestyle changes, avoidance of factors that exacerbate acne, and acne medications both oral and topical.

"We have antibiotic-free treatment options such as blue light, photodynamic therapy, peels and scar treatments such as the Viva nanofractional ablative radiofrequency device with less downtime and side effects."

Topical medications include a unique less-irritating and less drying formulation of retinoid gels such as Retin-A Micro, adapalene (Differin), benzoyl peroxide, clindamycin (Benzaclin and Biacna) and dapsone gel Aczone (which is anti-inflammatory like antibiotics, but not an anti-biotic)

Oral medications include antibiotics, isotretinoin and birth control pills for women which are purely anti-androgenic (i.e., block male hormones). For more information, please visit mdskinhealth.com.



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# et#SPORTS

The Colorado Rockies have declined a \$9-million mutual option on Justin Morneau and bought him out for \$750,000

# Pens edge Sabres

NHI

# Pittsburgh wins for sixth time in last seven games

The Pittsburgh Penguins may be starting to find their stride.

Evgeni Malkin scored his fourth of the season on the power play, Jeff Zatkoff made 50 saves in his season debut and the Pittsburgh Penguins beat the Buffalo Sabres 4-3 on Thursday night.

"We know we have the guys that can score, but you're not going to win just on talent," Penguins forward Pascal Dupuis said. "You have to grind games and win them the hard way. It's what we're learning to do early in the year."

Dupuis, Patric Hornqvist and Ben Lovejoy all scored their first of the season and Malkin added an assist. Pittsburgh beat Washington on Wednesday night and has won three straight, six of its past seven and seven straight over Buffalo. Malkin has four goals and nine points in his last seven games.

Sidney Crosby had two assists, his first points in three games. Crosby is off to the worst start of his career and went without a point in eight of the team's first nine games.

Dupuis' goal was his first since last November after he

THURSDAY In Pittsburgh



missed most of 2014 with career-threatening blood clots.

"When you come back, you want to be an impact player and want to get back to your old ways," Dupuis said. "It's taking a while, but it's slowly getting there."

The same can be said for the Penguins' power play. The unit is statistically the worst in the league despite a number of world-class players, including Crosby and Malkin. It scored its third of the season in 32 chances, breaking an 0-for-11 slump.

That helped support Zatkoff, who got the call after Marc-Andre Fleury started the first nine games for Pittsburgh. He turned aside 41 shots in the final two periods, including 23 in the third.

"We knew they were going to throw everything at us," Zatkoff said. "They put a good push on, but thankfully we had a two-goal cushion."

Jamie McGinn, Nicolas Deslauriers and Matt Moulson scored for Buffalo.

Chad Johnson made 25 saves for the Sabres.

Buffalo has dropped five of its last seven.

THE ASSOCIATED PRESS



**DRAISAITL CAPS DRAMATIC COMEBACK** The Canadiens' Lars Eller gets a shot off against Oilers defenceman Andrej Sekera at Rexall Place on Thursday night. Leon Draisaitl's second goal of the game was scored with 1:02 remaining and gave the Oilers a 4-3 win. The goal was also Edmonton's fourth unanswered after Montreal built a three-goal advantage in the first period. Earlier Thursday, the Oilers announced defenceman Justin Schultz will miss two to four weeks with a back injury. The 25-year-old left early in the second period of Sunday's game against the Los Angeles Kings and did not return. JASON FRANSON/THE CANADIAN PRESS

# **AROUND THE LEAGUE**

## Late goal lifts Blues to win

Colton Parayko scored the tiebreaking goal just about midway through the third period to lift the St. Louis Blues to a 2-1 victory over the Anaheim Ducks.

Vladimir Tarasenko also scored for the Blues while Hampus Lindholm scored for the Ducks.

# Jets deny Blackhawks a fifth straight victory

Michael Hutchinson stopped 45 shots and Bryan Little set up a pair of goals as the Winnipeg Jets halted the Chicago Blackhawks' four-game winning streak with a 3-1 victory.

Blake Wheeler and Andrew Ladd were the Jets' other goal scorers.

# Devils push road winning streak to four games

Travis Zajac scored twice and Kyle Palmieri had a goal and two assists to lead the New Jersey Devils to a 4-1 victory over the Philadelphia Flyers.

Andy Greene scored an empty-net goal for the Devils, who won their fourth straight on the road.

# Avs back on winning track

Alex Tanguay and Nathan MacKinnon each had a goal and an assist, Semyon Varlamov made 34 saves and the Colorado Avalanche ended a four-game losing streak by beating the Tampa Bay Lightning 2-1. THE ASSOCIATED PRESS

AND THE CANADIAN PRESS



# Anthopoulos leaves everyone puzzled

# Jays' successful **GM** exits post with class but in cloud of mystery

The same day he was named Major League Baseball's executive of the year, Alex Anthopoulos found himself trying to explain why he was facing unemployment.

In a surprising turn of events, the Toronto Blue Jays parted ways with their chief architect Thursday — less than a week after coming within one inning of forcing Game 7 in the American League Championship Series. Anthopoulos said it was his choice, with the final decision coming Wednesday afternoon.

"I just didn't feel like this was the right fit for me going forward," Anthopoulos told reporters in a conference call Thursday. "Not an easy (decision). Obviously everyone knows how I feel about the organization, the city, the country. By no means was this an easy decision but it was one that I felt I needed to make ... I own this decision. This is on me 100 per cent," he added.

It was a classy if confusing exit. Despite repeated questions, Anthopoulos did not elaborate on why he is leaving, other than to say that he wanted to be true to himself and that the impasse was not due to a financial disagreement. But the GM's departure comes during a changeover in Jays management with Mark Shapiro, the former Cleveland Indians president, taking over from the departing Paul Beeston as president and CEO.

This decision is solely mine. Mark gave me every opportun-



GM Alex Anthopoulos will soon part ways with the Toronto Blue Jays. The Montreal native said he was given an 'extremely generous' offer to stay CHRIS YOUNG/THE CANADIAN PRESS

ity to return. He was sincere in wanting me back ... (Team owner) Rogers and Mark were more than generous, I mean extremely generous," added the Montreal native.

Anthopoulos left more questions than answers. He said he wanted to be back and that ownership and his new boss wanted him to stay. But clearly the team's new landscape was not one he could live with.

He declined to say why it was not a good fit. But he went out of his way to praise Shapiro and Rogers, stressing that the baseball team is in good hands.

"I know this is not an easy day for anybody ... I don't think any of us wanted this to happen." Anthopoulos, 38, turned down a five-year contract extension, amid speculation of a difference in vision with Shapiro, who does not officially take up his new job **FINALISTS** 

#### Martin, Buerhrle and Pillar on Gold Glove shortlist

Catcher Russell Martin, pitcher Mark Buehrle and centre-fielder Kevin Pillar were named 2015 Gold Glove Award finalists.

until Monday. Unlike Beeston, Shapiro is a president immersed in the baseball side — and one who clearly has his own views on how to run a club. Shapiro and Anthopoulos don't appear to be on the same page, although Anthopoulos rejected the suggestion of a power struggle.

Anthopoulos said he did not have another job lined up, although he said his phone "exploded" Thursday once news of his pending departure broke.

Anthopoulos, then assistant general manager, took over as Toronto's GM in 2009 after J.P. Ricciardi was fired.

The Jays went 489-483 under Anthopoulos, according to Sportsnet stats, but soared this year. The GM earned kudos for a string of moves that produced a thrilling 93-69 campaign and a return to the playoffs after 22 years. He helped end the team's playoff drought by retooling in the off-season and then showing some impressive sleight of hand before the trade deadline.

Signing Canadian catcher Russell Martin and trading for third baseman Josh Donaldson provided an upgrade on and off the field. Then the deadline acquisitions of David Price, Ben Revere, Troy Tulowitzki and LaTroy Hawkins helped the team to a remarkable second-half surge. THE CANADIAN PRESS



# **Marlins hire Mattingly** as their new manager

Don Mattingly was hired as manager of the Miami Marlins less than a week after he parted with the Los Angeles Dodgers, two people familiar with the situation said Thursday.

Mattingly went 446-363 in five years with the Dodgers.

The injury-riddled Marlins finished 71-91, their sixth consecutive losing season.

Later Thursday, general manager Dan Jennings was fired by the Marlins, ending a 13-year association. THE ASSOCIATED PRESS

#### Homan still unbeaten at **Grand Slam of curling**

Ottawa's Rachel Homan remains undefeated after nine draws of round-robin play at the Grand Slam of Curling Masters tournament. Homan (3-0) beat Sweden's Margaretha Sigfridsson (0-3) 5-3 in her match on Thursday.

Winnipeg's Jennifer Jones (2-0) won 9-2 over Switzerland's Alina Paets in Draw 7 while Val Sweeting (2-0) of **Edmonton toppled Swiss** Binia Feltscher 8-2. On the men's side, Winnipeg's Mike McEwen is 3-0 after dispatching Calgary's Pat Simmons (1-2) 8-2 in the afternoon. THE CANADIAN PRESS

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# RECIPE Sweet Potato and Kale Frittata



# Ceri Marsh & Laura Keogh For Metro Canada

This savory breakfast for dinner is as healthy as it is satisfying.

## Ready in

Prep time: 20 minutes Serves 4

#### Ingredients

- •1 Tbsp butter
- 1 yellow onion, chopped
- •1 pound frozen chopped kale • 3 cloves garlic, chopped
- 2 cups boiled diced sweet
- potato (about 1 large potato) · 2 whole eggs, 2 egg whites
- 2 Tbsp milk
- •1 tspn fresh, chopped parsley

#### **Directions**

1. Preheat oven to 400 F. 2. In an ovenproof skillet, melt butter over medium heat. Add onions and cook until soft, about 5 minutes. Add garlic and kale and cook until garlic fragrant and kale wilted.

- 3. Add potatoes and soften, about 3 to 5 minutes.
- 4. Meanwhile, whisk eggs, whites and milk. Pour egg mixture over potatoes and kale, and cook on stovetop another 3 minutes. Sprinkle with parsley.
- 5. Transfer skillet to oven and bake about 6 to 8 minutes or until eggs are set.

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# CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

1. Computer network signal 5. Roman Numeral for 905 8. Apparition in the attic 13. Prayer sign-off 14. Pea: French 16. "I. Frankenstein" (2014) star Mr. Eckhart 17. Grave marker 19. Surnamesakes of Paul of "Halloween: The Curse of Michael Myers" (1995) 20. Peel off the naint 21. Scan the web page 23. Vancouver-born actor Mr. Bellows of 2012 horror "House at the End of the Street" 25. Ornamental case 26. Ms. West 29. Sci-Fi horror of 1978 starring Donald Sutherland, "Invasion of the \_ 32. Swiss river, variantly 34. QED's 'E' 35. Discharge 36. Schedule 38. Shiver from fright 41. Dr. Frankenstein's pal 42. Mr. Astin of 2007 thriller "Borderland"

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63. Bubbling in the pot 64. "Scream Queens" star Ms. Roberts 65. Feed fully 66. Devil costume accessories 67. Operative 68. Slangy 'sures'

## DOWN

1. Crying sounds '\_ a traveller from an antique land...' Percy Bysshe Shelley, Ozvmandias 3. Horror movie emotion 4. Deep blue 5. Mil. rank

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# \* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 You will get the chance to make a breakthrough. However, you must be aware of your limits and you must not push yourself too hard. You don't have to work 24/7 to be a success.

Taurus April 21 - May 21 Partners and colleagues may have the upper hand but that does not mean you are powerless. The planets suggest that if you believe in yourself you can make things happen.

Gemini May 22 - June 21 You have done wrong but won't be punished for it — provided you admit your mistake. According to the planets your latest transgression is too big to ignore but still small enough to be forgiven.

Cancer June 22 - July 23 Get out and about and have a good time. You will find it easy to meet new people and make new friends and, through them, to attract new opportunities. The more you socialize the more you will accomplish.

**Leo** July 24 - Aug. 23 Spend money on yourself. You are entitled to enjoy what you've earned. Be the one who benefits, not those who like to sponge off you.

**Virgo** Aug. 24 - Sept. 23 Don't try to get approval for what vou are planning - vou will make more of an impression if you just get on and do it. Strike out in a new direction — chances are you won't be travelling alone for long. Libra Sept. 24 - Oct. 23. This will be a rather quiet time by your standards but that's good. You have a lot to think about. The more you reflect upon your goals now the more likely it is you will reach them.

Scorpio Oct. 24 - Nov. 22 You may be willing to make sacrifices above and beyond the call of duty but you can't do it all on your own. There are lots of people who think like you and share your vision - join forces with them.

**Sagittarius** Nov. 23 - Dec. 21 You will deal well with challenges today. According to the planets you are determined to prove that you have what it takes to succeed - prove it to the world and vourself as well.

Capricorn Dec. 22 - Jan. 20 You are in no mood to let others dictate what you can and cannot think, and that's good, but remember that it works both ways: others are entitled to their opinions too.

Aquarius Jan. 21 - Feb. 19 What you're offered may be tempting but are the likely returns worth the time and the energy you will have to put in? If the answer is in doubt it might be wise to pass up the offer.

Fisces Feb. 20 - March 20 You will be amazingly confident today, thanks to the Sun's link with your ruling planet Neptune. There is nothing you cannot accomplish if you believe in yourself. Romantically, too, this is a time for taking chances.

# **CONCEPTIS SUDOKU by Dave Green**

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**AWD** 



**2012 DODGE GR. CARAVAN** 



#4R167584 **2010 LEXUS IS250 AWD** 

\$19.860



#5T42858A **2013 SUBARU BRZ** \$29.700



#5GH5847B **2011 BUICK REGAL CXL** \$14.800



**2015 JEEP CHEROKEE TRAIL HAWK 4X4** \$42.700



**2013 TOYOTA TACOMA** 

#5P22836A **2012 RAM 2500 POWER WAGON CREW** \$31.700



2011 JEEP GR. CHEROKEE **70TH ANNIVERSARY** 

**\$27,860** 



#5T47785A **2012 JEEP WRANGLER SAHARA** \$25,700



#5R31191A 2014 RAM 3500 LONGHORN LTD DUALLY <sup>\$</sup>66.700



**2008 LEXUS RX** 400H \$19.775



#5R15587A **2013 NISSAN TITAN CREW CAB 4X4** \$30.775



230 PROVINCIAL AVE SHERWOOD PARK 780.410.4100

# ST. ALBERT DODGE

**2012 HONDA CIVIC** 

LX COUPE

\$14.640



**2015 DODGE DURANGO SXT AWD V6** \$33.860



#P0021 **2015 CHRYSLER T&C TOURING V6 \$27,860** 

2013 DODGE DART

**RALLY E SEDAN** 

\$14.860

#P0037

**2012 FORD** 

\$24.640

**2012 VOLKSWAGEN** 

\$23.860

**TIGUAN 2.0 TSI 4MOTION** 

**EDGE SEL** 









#P0044 LOADED 2014 JEEP GRAND **CHEROKEE OVERLAND** \$51.990



#P0049 LOADED 2015 RAM 1500 CREW **CAB 4X4 LARAMIE** \$49.999



2015 FIAT 500

\$15.860

#5CK5222A

\$13,860

**2012 FORD FUSION** 

POP



2013 CHEVROLET **MALIBU LT SEDAN** <sup>\$</sup>14.860



#P0017 2014 RAM 1500 SLT **QUAD CAB 4X4** \$24,960



**184 ST. ALBERT ROAD** ST.ALBERT 780.458.8660



**SALES HOURS:** MON TO THURS: 8:30AM TO 9PM FRI TO SAT: 8:30AM TO 6PM SUN: 11AM TO 4PM